



SOUTHERN NAVIGATORS ORIENTEERING

SN TROPHY ON SUNDAY 17TH DECEMBER 2017



Event: Level B - SN Trophy and South East League event

Venue: Ash Ranges - (near Aldershot). Last used for SN Trophy in December 2015. Mixture of open heathland, pine and deciduous forest. Gentle and steep slopes with some areas of good contour detail. Runnability is generally good. The area offers a complete physical and technical challenge requiring both route choice and fine navigation skills.

Location Post code GU12 5ET Grid Ref SU893527 (access road)

Directions Signposted from B3411 south of Ash Vale Station

Accessible by train via either Ash Vale station (London Waterloo - Alton line) or North Camp station (Reading - Gatwick line). If travelling by train: Exit Ash Vale station on the south side. Turn left and follow the road (Station Approach) parallel to the railway line, slightly uphill. Pass the car park, cross the canal, and then follow the traffic-free tarmac road eastwards, keeping right at the fork, as in the event diagram below until you reach Assembly. Total distance is about 700m. (From North Camp station, follow B3166 700m to Ash Vale station then as above).

Car parking Hard-standing / tracks / verges in a number of areas from 0m to 750m from assembly – see diagram below. Please follow any one way signs and park only where directed to do so by marshals. We will endeavor to get most cars as close to assembly as possible. Please car share if possible - multiple occupancy cars will be parked closest to Assembly / Start and Finish. Larger vehicles and camper vans may have to be in furthest car parking so as not to block other vehicle access and to guarantee to be on hard standing.
No exit until after 11:45 so as not to block the entrance roads

Entry on Day Subject to map availability –but there at least 130 maps available, spread over all courses, roughly in proportion to entry numbers.

Registration open: 09:30-11:30

£16 Adults, £6 Juniors. **(Add £2 if not a member of BO)**. Sport Ident Card Hire £2.00.

Junior fees also apply to novice adults entering White, Yellow and Orange courses. Free course for young children (string or similar).

You can download an EOD form from the SN website and bring to registration.

Assembly Facilities (see map below for event layout):

Registration/download

Traders: Continental Catering (Tom & Julie) and Ultrasport

No water – please bring your own pre- and post-race drinks.

First Aid provided by Hart First Response.

Toilets

Solid shelter for you and any kit that you would like to leave at assembly (please provide your own bag).

Timing Sport Ident electronic punching. Contactless punching will NOT be enabled, to ensure that the SI boxes have a competitor record in the event of anyone going missing.
If you are hiring an SI card, please collect from enquiries at Assembly before going to the start, and return at download.

Start Pre-entered competitors up to 12 December 2017 will be given pre-allocated start times published on Fabian: <http://www.fabian4.co.uk/>.

Start times: 10:00-12:00 with call up at minus 4 minutes.

Distance from Assembly to Start is 500m. The route is initially flat, with 20m climb in final 200m, all along a good path and hard surfaced track. No clothing transfer.

Competitors who have pre- entered and don't need to collect an SI card may go straight to the start- see event layout diagram below. Some parking is between Assembly and start; we expect the furthest parking to be up to 1250m from the Start.

Loose control descriptions and blank maps in the start lanes.

It is a punching start and late arrivals will be allowed to start only when a suitable vacant slot is available, as directed by the start officials.

Finish Adjacent to Assembly. Please report to download as soon as you have finished.

Courses close 14:00

Results Will be displayed at Assembly

Courses Free course suitable for young children close to Assembly.
 Other course details are subject to final controlling:

	Length km	Climb m	Controls
Black	11.7	355	27
Brown	9.5	270	20
Short Brown	7.9	220	18
Blue	6.8	200	18
Short Blue	5.3	145	14
Green	4.7	130	12
Short Green	3.9	105	13
V Short Green	3.6	70	10
Light green	3.9	110	10
Orange	3.2	35	11
Yellow	2.5	25	12
White	2.1	10	11

Safety Please report to download even if retiring so we know that you have returned.

Emergency mobile telephone numbers (for duration of this event only) are printed on all maps. Safety bearing is West until you intercept either the firing ranges or the surfaced road by which you arrived at the event, from where you can navigate to finish and assembly.

Competitors travelling alone are encouraged to leave a set of keys with enquiries ideally tagged with vehicle registration, name and mobile phone number. Labels will be available.

Competitors are strongly advised to carry whistles and, in the event of bad weather, a cagoule/windproof. The plateau is exposed and can be surprisingly bleak and cold at this time of year, despite its low altitude. **Please dress appropriately for the conditions and your level of fitness.**

You are responsible for your own safety and you take part in this event at your own risk. British Orienteering Third Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.

This is a military training area. Do not touch suspicious objects!

First Aid In Assembly.

Nearest A&E Hospital: Frimley Park, Portsmouth Road, Frimley, GU16 7UJ. Map held at enquiries. Distance from event: 7km.

Map Printed on SRA3 (slightly larger than A3) waterproof paper. Scale 1:10000 with 5m contours. Symbols: ISOM 2000. Based on the map used for the SN Trophy in 2015, which had a vegetation /track update by Roger Maher. Limited further updates November 2017 by Alan Wallis.

Cut rides in the heather of 5-10m width are shown using the yellow 'open ground' symbol, if appropriate with the addition of a path or track. Narrower rides and strips arising from the heather management techniques described in terrain information below are NOT mapped, nor are (invisible) narrow paths where the heather has closed over the top. Deep heather is marked by the undergrowth "difficult to run" symbol. Mapped boulders are typically concrete objects, some with solar panels on top!

Special map symbols: black circle = post; black square (small ruin) = bunker (see below).

Pictorial control descriptions (plus text for White and Yellow) will be printed on the front of the map, with loose copies on waterproof paper available in the start lanes.



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- Terrain** Ash Ranges is predominantly open heathland, and consists of a central plateau running roughly north-south, with complex valleys and spurs, often wooded, dropping off to east and west. The plateau tends to retain water, but the lower slopes are well drained. Occasional wild fires, and more recent active management, mean that the heather varies in height from a few cm up to about 1m. The base of a re-entrant is generally more runnable than its surrounding slopes.
- The area is part of the Thames Basin Heath Special Protection Area, and in recent years has been subject to various measures to enhance the heathland. Many trees have been removed, with thinning continuing at the time of writing. In places there are a variety of heather management techniques, which typically comprise cut strips of 1-2m in width and up to 100m in length; the cutting may be to (a) around 0.5m, which in appearance still looks brown; (b) around 0.1m, which looks grey; or (c) complete removal exposing the underlying soil, which has the appearance of a short track. All such areas considerably ease runnability, but variations are too complex and variable to be mapped reliably. Only the major cut rides (5-10m width) are mapped.
- The area is an MOD live firing range during the week – do not touch suspicious objects. There are a large number of old military bunkers, which are small brick shelters around 3m square and 2m high. The reverse is covered in vegetation so appears as a large knoll. Many are dug in, either to banks or to the ground, with the latter appearing lower and with a ditch on the entrance side. There are also many vertically sided pits and gullies.
- Optimum routes do not extend onto the actual firing ranges, which we have been asked to avoid. If you find yourself on the ranges by mistake, take care to avoid the shooting positions some of which are vertically sided holes around 2m deep.
- SN Trophy** This is a team trophy, awarded to a club – runners are only eligible if they have run the equivalent long course for their age class or above - see SN web site for details.
- Dogs** Permitted on the area but **must** be under control in car parks.
- More details** Please check <http://www.southern navigators.com> for late information or updates.
- Cancellation:** Please check website for last minute cancellation in case of inclement weather or any other unforeseen problem. In the event of cancellation some or all of your entry fee may be retained to cover costs incurred.
- Officials** Organisers: Jane Archer and Ross Maclagan (SN) sntrophy4@gmail.com
Planners: Adrian Butter and Alan Wallis (SN)
Controller: Philip Gristwood (MV) assisted by Paul Fox (SN)

Event Layout

