

	M / W	Year	Age	Rank	Ref	Handicap
Abigail Bateman	W	1998	19	Silver 1	10	08:27
Adam Hecquet	M	1974	43	Bronze 1	6	07:52
Adam Rose	M	1968	49	Gold 1	2	05:49
Adrian Butter	M	1975	42	Bronze 1	6	07:47
Aimee Darley	W	2002	15	Silver 2	11	09:51
Alan Wallis	M	1956	61	Silver 1	4	08:27
Alice Leake	W	1991	26	Gold 1	8	05:54
Andy Robinson	M	1953	64	Gold 1	2	07:06
Axel Blomquist	M	1954	63	Gold 1	2	07:00
Brian Pilling	M	1948	69	Silver 1	4	09:31
Cameron Lamond	M	1970	47	Silver 1	4	07:04
Charles Lee	M	1991	26	Bronze 1	6	07:00
Chris Kemp	M	1964	53	Silver 1	4	07:36
Christine Robinson	W	1958	59	Silver 1	10	09:31
Christopher Ashenden	M	1964	53	Bronze 2	7	09:30
Claire Collins	W	1982	35	Bronze 2	13	09:52
Colin Swallow	M	1957	60	Silver 2	5	09:02
David Allan	M	1946	71	Gold 2	3	09:01
David Chapman	M	1953	64	Gold 2	3	08:05
David Lane	M	1952	65	Silver 2	5	09:42
David Thorpe	M	1965	52	Bronze 2	7	09:22
Dawn Williamson	W	1959	58	Silver 1	10	09:22
Debbie Carpenter	W	1953	64	Bronze 2	13	12:56
Debra Robinson	W	1966	51	Silver 1	10	08:27
Ewen Fowler	M	1975	42	Bronze 1	6	07:47
Frances Kemp	W	2001	16	Silver 2	11	09:42
Frank Townley	M	2003	14	Gold 2	3	06:52
Gary Cooles	M	1959	58	Bronze 2	7	10:08
Gemma Cooles	W	1989	28	Bronze 2	13	09:09
George James	M	1957	60	Bronze 2	7	10:25
Gill Sharp	W	1958	59	Bronze 1	12	11:07
Graham Ching	M	1968	49	Bronze 1	6	08:26
Hamish Weir	M	2004	13	Bronze 2	7	10:00
Hannah Gray	W	1976	41	Bronze 2	13	09:16
Hannah Mack	W	1996	21	Bronze 2	13	10:00
Helen Ashenden	W	1964	53	Bronze 1	12	10:09
Helen Le Page	W	1976	41	Silver 2	11	08:01
Helen Wallace	W	1952	65	Silver 2	11	11:24
Howard Smith	M	1961	56	Bronze 2	7	09:52
Iain Bell	M	1965	52	Silver 2	5	08:07
Ian Ditchfield	M	1958	59	Gold 2	3	07:32
Izumi Magee	W	2000	17	Silver 2	11	09:34
Jane Archer	W	1954	63	Gold 1	8	08:12
Jenny Bray	W	1955	62	Silver 1	10	10:00
Jessica Jackson	W	1990	27	Bronze 2	13	09:09
Jessica Paton	W	1985	32	Bronze 2	13	09:09
John Brown	M	1935	82	Bronze 2	7	15:00
Jon Darley	M	1965	52	Bronze 1	6	08:45
Jon Magee	M	1964	53	Silver 1	4	07:36

Jon Paton	M	1960	57	Silver 1	4	08:00
Jonah Rose	M	2001	16	Gold 2	3	06:33
Jonathan Gurd	M	1998	19	Bronze 2	7	08:09
Jonathan Johns	M	1957	60	Bronze 1	6	09:43
Julie Leppard	W	1954	63	Bronze 1	12	11:52
Katherine Bett	W	1995	22	Gold 2	9	07:09
Katie Clarke	W	1971	46	Silver 2	11	08:33
Keith Belsey	M	1967	50	Silver 1	4	07:19
Laurence Townley	M	1971	46	Gold 1	2	05:37
Leanora Addis	W	1976	41	Bronze 1	12	08:39
Linda Cairns	W	1958	59	Bronze 1	12	11:07
Louie Malatesta	M	1970	47	Bronze 2	7	08:49
Louise Weir	W	1964	53	Bronze 2	13	10:52
Lucy Paton	W	1963	54	Silver 1	10	08:49
Malcolm Scott	M	1955	62	Bronze 1	6	10:00
Marcus Bateman	M	1965	52	Bronze 2	7	09:22
Mark Howell	M	1965	52	Bronze 1	6	08:45
Martha Paton	W	1991	26	Gold 2	9	06:42
Martin Jackson	M	1965	52	Bronze 2	7	09:22
Martin Kensett	M	1966	51	Silver 2	5	08:01
Matthew Grant	M	1973	44	Silver 1	4	06:49
Matthew Jones	M	1969	48	Bronze 1	6	08:20
Megan Bett	W	1998	19	Gold 2	9	07:45
Mel Slade	W	1968	49	Gold 1	8	06:37
Michael Thorpe	M	2003	14	Bronze 1	6	08:45
Mike Bray	M	1955	62	Bronze 1	6	10:00
Murray Weir	M	2002	15	Bronze 1	6	08:32
Nick Hale	M	1958	59	Gold 1	2	06:37
Nick Marett	M	1979	38	Silver 1	4	06:23
Nigel Parish	M	1958	59	Bronze 2	7	10:16
Ollie Smith	M	2002	15	Silver 1	4	07:19
Paul Bloch	M	1960	57	Bronze 2	7	10:00
Paul Emmerson	M	1955	62	Bronze 2	7	10:43
Paul Fox	M	1962	55	Gold 2	3	07:09
Paul Martin	M	1967	50	Silver 1	4	07:19
Pete Jones	M	1956	61	Gold 1	2	06:48
Peter Daplyn	M	1980	37	Gold 2	3	05:47
Peter Smith	M	1962	55	Bronze 2	7	09:44
Philip Gristwood	M	1948	69	Gold 2	3	08:44
Richard Barrett	M	1974	43	Gold 1	2	05:26
Richard Eldridge	M	1960	57	Bronze 2	7	10:00
Robert Leppard	M	1951	66	Bronze 2	7	11:22
Robert Thorpe	M	2000	17	Bronze 2	7	08:37
Ross Maclagan	M	1974	43	Silver 1	4	06:44
Ruth Holmes	W	1987	30	Gold 1	8	05:54
Sam Anderson	M	1992	25	Silver 2	5	06:30
Sandra Board	W	1967	50	Bronze 2	13	10:25
Sara Jones	W	1971	46	Bronze 2	13	09:52
Sarah Darley	W	2003	14	Bronze 2	13	11:32
Sarah Francis	W	1968	49	Silver 1	10	08:13

Sarah Thomas	W	1962	55	Bronze 2	13	11:12
Simon Dunkley	M	1965	52	Bronze 1	6	08:45
Stephen Gurd	M	1968	49	Bronze 1	6	08:26
Stephen Peacock	M	1951	66	Silver 1	4	09:05
Stephen Weir	M	1963	54	Bronze 2	7	09:37
Steve Bailey	M	1959	58	Gold 2	3	07:26
Steve McKinley	M	1964	53	Gold 2	3	06:58
Sue Bett	W	1967	50	Gold 1	8	06:43
Sue Cooles	W	1959	58	Bronze 1	12	10:56
Terina Notz	W	1958	59	Bronze 2	13	11:54
Thomas Howell	M	2001	16	Gold 1	2	05:45
Tim Beale	M	1984	33	Gold 2	3	05:30
Tim Cooper	M	1960	57	Bronze 2	7	10:00
Toby Mack	M	1963	54	Bronze 2	7	09:37
Tom Frost	M	1967	50	Gold 2	3	06:42
Tony Painter	M	1947	70	Bronze 2	7	12:06
Trish Wallis	W	1952	65	Bronze 2	13	13:09
Vanessa Thorpe	W	1965	52	Bronze 2	13	10:43
Vaughn Thomas	M	1961	56	Bronze 2	7	09:52
Vincent Townley	M	2004	13	Gold 2	3	07:20
Woo Allen	W	1964	53	Gold 1	8	07:00
Zsolt Podolyak	M	1968	49	Bronze 2	7	09:02