

		Year	2024							
					M23-M33	Age		2024	2023	
	M / W	Year	Age	Rating	Handicap	Factor	Gender	Handicap	Handicap	
Adam Hecquet	M	1974	50	15	0:08:00	1.18	1.00	09:28	09:05	
Adam Rowson	M	1975	49	7	0:06:00	1.17	1.00	07:02	06:41	
Adrian Butter	M	1974	50	7	0:06:00	1.18	1.00	07:06	06:45	
Adrian Wise	M	1959	65	9	0:06:30	1.37	1.00	08:56	08:30	
Aidan Hilton	M	2008	16	7	0:06:00	1.15	1.00	06:54	06:29	
Aimee Darley	W	2003	21	14	0:07:45	1.04	1.15	09:16	09:16	
Alan Wallis	M	1956	68	10	0:06:45	1.42	1.00	09:34	09:24	
Alex Bett	M	1995	29	13	0:07:30	1.00	1.00	07:30	06:00	
Alistair Lovegrove	M	1969	55	13	0:07:30	1.24	1.00	09:20	09:15	
Amanda Bailey	W	1963	61	24	0:10:15	1.32	1.15	15:34	12:47	
Axel Blomquist	M	1954	70	5	0:05:30	1.45	1.00	07:57	08:35	
Ben Moorhouse	M	1980	44	11	0:07:00	1.12	1.00	07:49	06:54	
Cameron Lamond	M	1970	54	9	0:06:30	1.23	1.00	08:01	07:38	
Carol Lovegrove	W	1969	55	7	0:06:00	1.24	1.15	08:35	08:09	
Charlie Beck	M	1959	65	15	0:08:00	1.37	1.00	11:00	09:11	
Charlotte Slade	W	2008	16	8	0:06:15	1.15	1.15	08:15	06:56	
Charlotte Lovegrove	W	2009	15	14	0:07:45	1.17	1.15	10:27	08:04	
Chris Bradshaw	M	1975	49	19	0:09:00	1.17	1.00	10:33	07:50	
Christopher Ashend	M	1964	60	9	0:06:30	1.31	1.00	08:30	08:45	
Colin Swallow	M	1957	67	17	0:08:30	1.40	1.00	11:55	11:27	
Craig Ogilvie	M	1970	54	13	0:07:30	1.23	1.00	09:15	08:32	
Dave Ryder	M	1959	65	8	0:06:15	1.37	1.00	08:36	08:10	
David Allan	M	1946	78	18	0:08:45	1.56	1.00	13:42	11:14	
David Chapman	M	1956	68	8	0:06:15	1.42	1.00	08:51	08:25	
David Harrison	M	1965	59	13	0:07:30	1.30	1.00	09:43	08:39	
David Lane	M	1952	72	11	0:07:00	1.47	1.00	10:19	09:51	
Debra Robinson	W	1966	58	11	0:07:00	1.28	1.15	10:19	09:51	
Ethan Daplyn	M	2007	17	10	0:06:45	1.13	1.00	07:36	07:37	
Frank Edge	M	1954	70	7	0:06:00	1.45	1.00	08:40	08:57	
Gill Prowse	W	1959	65	11	0:07:00	1.37	1.15	11:04	09:00	
Gill Sharp	W	1958	66	19	0:09:00	1.39	1.15	14:22	13:50	
Hannah Gray	W	1973	51	16	0:08:15	1.20	1.15	11:21		
Helen Ashenden	W	1964	60	13	0:07:30	1.31	1.15	11:17	10:48	
Helen Le Page	W	1976	48	12	0:07:15	1.16	1.15	09:41	09:35	
Iain Bell	M	1965	59	9	0:06:30	1.30	1.00	08:25	08:20	
Jake Hilton	M	2008	16	8	0:06:15	1.15	1.00	07:11	06:44	
James Lyne	M	1990	34	4	0:05:15	1.01	1.00	05:18	05:00	
Jen Daplyn	W	1979	45	20	0:09:15	1.13	1.15	11:59	10:54	
Jenny Bray	W	1955	69	14	0:07:45	1.43	1.15	12:45	11:49	
Jens Moller Butcher	M	1969	55	8	0:06:15	1.24	1.00	07:47	08:01	
Jocie Hilton	W	2006	18	5	0:05:30	1.10	1.15	06:59	06:48	
John Hill Venning	M	1975	49	5	0:05:30	1.17	1.00	06:27	06:06	
John Kelly	M	1984	40	10	0:06:45	1.07	1.00	07:14	08:45	
John Tzanetis	M	1967	57	13	0:07:30	1.27	1.00	09:31	09:26	
Jon Darley	M	1965	59	14	0:07:45	1.30	1.00	10:02	09:37	
Jon Magee	M	1964	60	10	0:06:45	1.31	1.00	08:50	08:25	
Jon Paton	M	1960	64	8	0:06:15	1.36	1.00	08:30	08:05	

Jonathan Johns	M	1957	67	19	0:09:00	1.40	1.00	12:37	10:46
Katherine Bett	W	1995	29	8	0:06:15	1.00	1.15	07:11	06:54
Katie Clarke	W	1971	53	12	0:07:15	1.22	1.15	10:10	09:44
Keith Belsey	M	1967	57	8	0:06:15	1.27	1.00	07:56	06:55
Laurence Townley	M	1971	53	5	0:05:30	1.22	1.00	06:43	06:21
Lee Ludlow	M	1987	37	14	0:07:45	1.04	1.00	08:04	06:57
Lucy Paton	W	1961	63	9	0:06:30	1.35	1.15	10:05	09:24
Malcolm Scott	M	1955	69	17	0:08:30	1.43	1.00	12:10	11:41
Marc Ebanks	M	1969	55	9	0:06:30	1.24	1.00	08:05	07:42
Mark Howell	M	1965	59	15	0:08:00	1.30	1.00	10:22	09:56
Martha Paton	W	1991	33	9	0:06:30	1.00	1.15	07:28	07:11
Martin Kensett	M	1966	58	12	0:07:15	1.28	1.00	09:18	
Matthew Grant	M	1973	51	9	0:06:30	1.20	1.00	07:46	07:24
Maxine Dunn	W	1962	62	20	0:09:15	1.33	1.15	14:12	11:24
Mel Slade	W	1968	56	4	0:05:15	1.26	1.15	07:35	07:09
Michael Krajewski	M	1980	44	4	0:05:15	1.12	1.00	05:51	
Michael Le Marie	M	1949	75	17	0:08:30	1.52	1.00	12:55	12:24
Mike Bray	M	1955	69	17	0:08:30	1.43	1.00	12:10	11:41
Mike Chittenden	M	1965	59	14	0:07:45	1.30	1.00	10:02	08:20
Nick Cooper	M	1974	50	5	0:05:30	1.18	1.00	06:31	06:09
Owen Le Page	M	2009	15	15	0:08:00	1.17	1.00	09:22	07:09
Paul Fox	M	1962	62	5	0:05:30	1.33	1.00	07:20	06:56
Paul Martin	M	1967	57	8	0:06:15	1.27	1.00	07:56	07:51
Paul Wallace Stock	M	1945	79	15	0:08:00	1.58	1.00	12:39	12:08
Pete Jones	M	1956	68	4	0:05:15	1.42	1.00	07:26	07:01
Peter Daplyn	M	1980	44	4	0:05:15	1.12	1.00	05:51	05:48
Peter Smith	M	1962	62	23	0:10:00	1.33	1.00	13:21	10:54
Philip Young	M	1974	50	11	0:07:00	1.18	1.00	08:17	07:55
Rebecca Lovegrove	W	2006	18	17	0:08:30	1.10	1.15	10:48	10:27
Ross Maclagan	M	1974	50	9	0:06:30	1.18	1.00	07:42	07:02
Samuel Dixon	M	2004	20	15	0:08:00	1.06	1.00	08:29	06:13
Sarah Francis	W	1968	56	9	0:06:30	1.26	1.15	09:24	10:01
Sarah Rollins	W	1974	50	2	0:04:45	1.18	1.15	06:28	06:14
Sarah Thomas	W	1962	62	16	0:08:15	1.33	1.15	12:40	12:09
Simon Dunkley	M	1965	59	11	0:07:00	1.30	1.00	09:04	08:39
Stephen Goodrum	M	1964	60	28	0:11:15	1.31	1.00	14:43	11:01
Stephen Gurd	M	1968	56	23	0:10:00	1.26	1.00	12:34	10:53
Stephen Peacock	M	1951	73	18	0:08:45	1.49	1.00	13:02	12:10
Steve Bailey	M	1959	65	6	0:05:45	1.37	1.00	07:54	08:10
Steve McKinley	M	1964	60	9	0:06:30	1.31	1.00	08:30	08:06
Sue Bett	W	1967	57	7	0:06:00	1.27	1.15	08:46	07:57
Terina Notz	W	1958	66	29	0:11:30	1.39	1.15	18:22	14:38
Thomas Howell	M	2001	23	4	0:05:15	1.00	1.00	05:15	05:06
Tim Beale	M	1985	39	6	0:05:45	1.06	1.00	06:06	05:47
Tom Frost	M	1967	57	7	0:06:00	1.27	1.00	07:37	07:14
Tommy Rollins	M	2007	17	2	0:04:45	1.13	1.00	05:21	05:21
Tony Painter	M	1947	77	19	0:09:00	1.55	1.00	13:57	13:25
Trish Wallis	W	1952	72	27	0:11:00	1.47	1.15	18:39	14:41
Vaughn Thomas	M	1961	63	12	0:07:15	1.35	1.00	09:46	09:20
Zsolt Podolyak	M	1968	56	15	0:08:00	1.26	1.00	10:03	09:39