

Level C – Wellington College, Berkshire - Thursday 29th December 2022

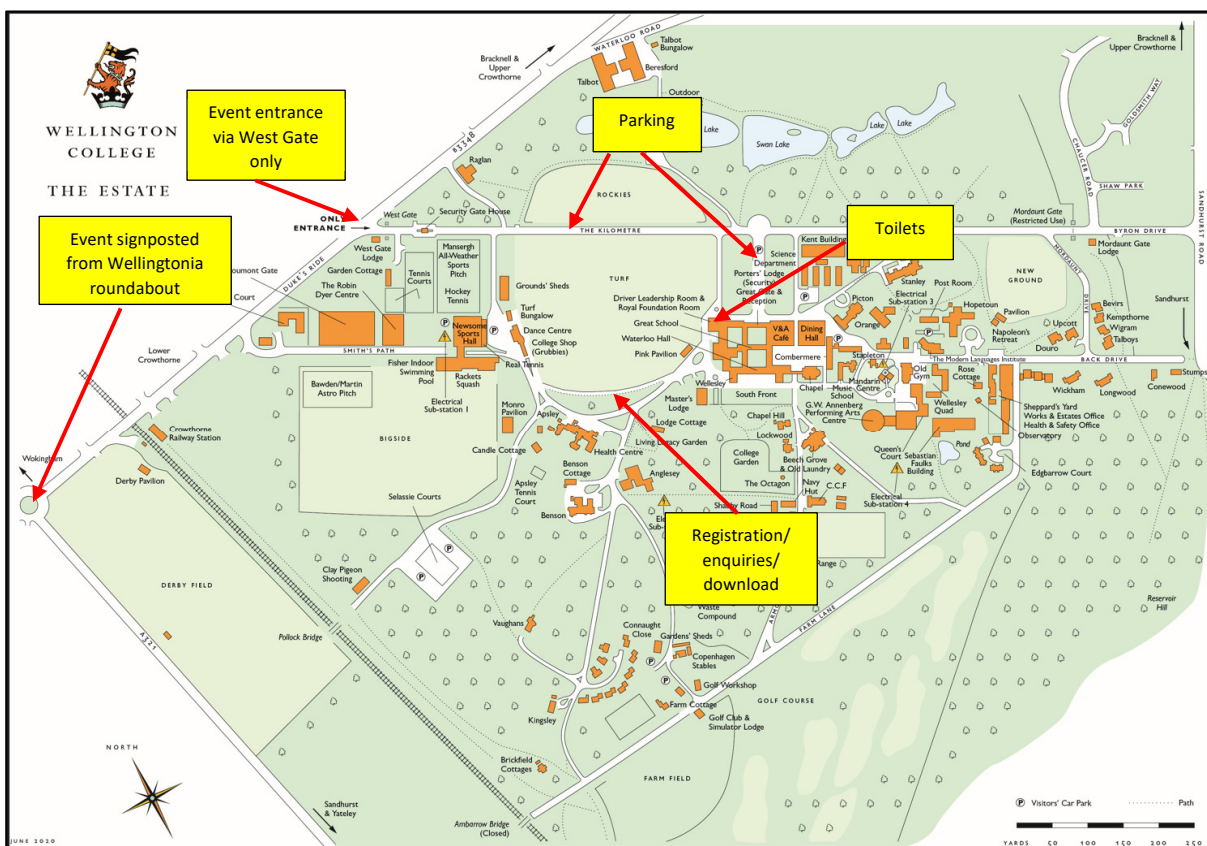
FINAL DETAILS

Venue:

Wellington College SU827638. Nearest postcode RG45 7PT. What3Words - inch.empire.dome.

Directions: Please note that the entrance to Wellington College will be from the **west entrance only (Duke's Ride)** - (Lower Crowthorne, 500m from Crowthorne Lake). **The eastern entrance (Sandhurst Road) will be closed.**

The nearest railway station is Crowthorne. It is 5 minutes' walk from the station to the College (please check for train strikes).



Parking: will be in front of the College (North Front) and along the kilometre in front of “Turf” and “Rockies”, within the College. Please follow the instructions from marshals and ensure you park behind the white lines on the grass along the kilometre to avoid damage to tree roots (Wellington are very particular about this).

Please drive slowly in the College and follow the Car Parking marshals (wearing fluorescent bibs) instructions on where to park.

Please note that staff and other visitors could be travelling through the College grounds. We do not have exclusive access to the grounds.

Please be aware of moving traffic/pedestrians/competitors throughout the College.

Facilities:

- Toilets – will be available next to the Driver Rooms. **Please note that competitors may be passing through this area.**
- First Aid Kit will be available at Registration / Enquiries / Download (see map).
- Trained First Aid Officers (Sue Bett and Charlie Beck) have been appointed by the club and will be available throughout the day. Please report any injuries that need attention to Registration/Enquiries.
 - A defibrillator is available at the Porters Lodge.
 - If there are any more serious injuries, the nearest hospital locations are as follows: **Frimley Park Hospital A&E:** Portsmouth Rd, Frimley, Surrey GU16 7UJ Tel: 01276 604604
 - Map/directions will be available at enquiries for Frimley Park hospital.

Registration: Open from 0930-1130hrs for SI/SIAC Dibber collection.

- Competitors who have pre-entered and have own SI dibbers can go direct to start.
- Dibber hire/ free SIAC collection from enquiries/registration.
- **Lost dibbers charged at £30.00, lost SIAC charged at £60.**

Entries:

All entries via RaceSignUp <https://racesignup.co.uk/site/event.php?eventid=3017>

From 19th December:

Late prices

Senior: £11.00/£13.00

Senior Novice: £7.00

Senior Chip hire: £1.00

Senior Enhanced Chip hire: £2.00

Junior: £5.00/£6.00

Junior Chip hire: £0.00

Junior Enhanced Chip hire: £1.00

Juniors are under 21 on 31st December.

- Late entries close Thursday 29th December and are subject to map availability

Start: There is one start within a few minutes' walk of registration/enquiries. It is 300m from the south end of car park to start/finish.

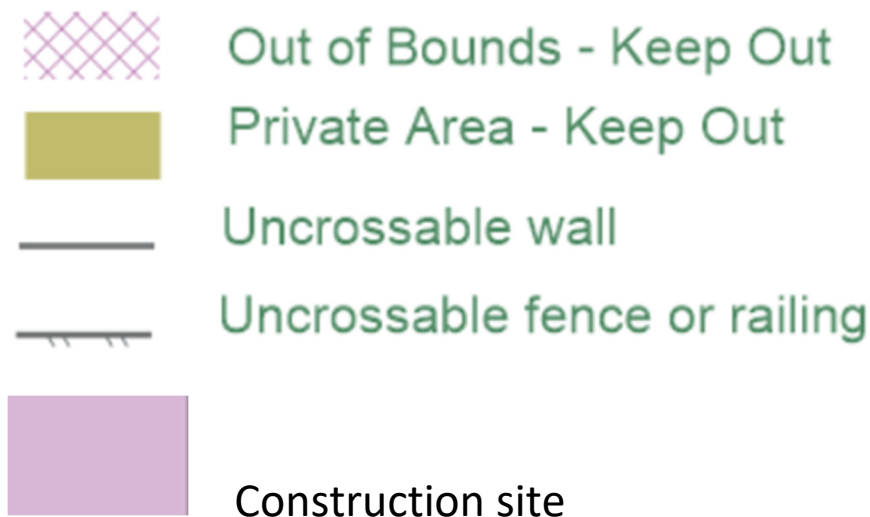
- Please follow the signs/tapes to the start.
- Starts will be available from 1030-1230hrs
- Competitors will be allocated start blocks. Please arrive at the start in an orderly manner and queue up as instructed for your course by the start team.
- Loose control descriptions will be available in the -3-minute Box.
- There will be blank maps to view in start lanes at the -2-minute box.
- **Courses close at 1400hrs. All competitors must report to the finish.** Controls will be collected in after this point.

Planner's notes:

SN are delighted to welcome you back to Wellington College! Last used in 2018 for the SE sprints, the area gives us runnable forests around grand buildings and landscaped gardens, with quirky corners tucked away. Running conditions are fast so let's hope the Christmas pudding doesn't weigh you down too much!

There is plenty of variety in the terrain, which may make you wonder about footwear.... **No metal studs/spikes please**, but it shouldn't be a problem as the grounds have very little climb and everywhere is well drained. Full leg cover is required, **no shorts**.

There are a lot of areas that are either private or marked as out of bounds, please take great care to avoid these. Anyone found crossing these will be disqualified:



The roads on the area will be very quiet as it is Christmas holidays at the college, but there may still be some slow-moving traffic around as it is also a residential area, so please be aware of your surroundings at all times!

For most courses, there is also going to be cause to move through the corridors in the main building so again, vigilance will be necessary to avoid collisions, both with other runners and potentially with members of staff who live in the college. **Please take blind corners wide and slow!**

The toilets are also located in an area where runners may be found so take care when rushing for the loo!

The X symbol has been used to mark man-made features. These cover several different types of object such as bench, oversized gym equipment, hides etc.

Wellington College is very proud of its sporting traditions and takes great pride in some of their sports fields. **Please heed the out of bounds areas marked on the map so that we will be welcomed back again!**

Courses

All maps A3 1:4000 ISprOM updated 2022.

Course	Length (Km)	Controls	Climb (m)	Descriptions	Note
Brown	11.1	40*	90	Symbol	Backed map
Blue	7.9	26**	70	Symbol	Backed map
Green	5.4	28**	45	Symbol	
Short Green	3.9	25**	35	Symbol	
Light Green	4.2	19	35	Symbol	
Orange	3.0	15	20	Text+Symbol	
Yellow	2.2	13	20	Text	One route goes under a canopy
White	1.5	12	10	Text	Taped last control to finish

*These versions do not have enough capacity: SI-Card 5 (1-499,999) • SI-Card 8 (2,000,001 – 2,999,999)

**Many SI-card types hold a maximum of 30 punches - this means if you miss punch and use an additional 'punch' on the green course for example, you could end up with using all 30 – if in doubt please use the manual punch located on the control stake.

Contactless SIAC. Must punch start and finish

Getting full length courses on a 1:4,000 A3 map has been challenging. Ensure you check your control codes and lines between controls carefully.

Link to map from last event - <https://www.sn.routegadget.co.uk/rg2/#95>

Results: will be provisionally posted during the event at the SN web page <https://www.southern navigators.com/results-archive/2022/2022-12-29-wellington-college/index.html>



Safety: See course specific points made in planner notes.

- **Due to the fact that the courses will be running through the main buildings NO studded boots should be worn.**
- **Furthermore, please be careful / SLOW DOWN when navigating within the main buildings, residents/staff/fellow orienteers are on site and it is, therefore, imperative to be considerate when navigating around the corridors/corners.**
- **Some areas could be slippery due to ice at this time of year. This could be particularly prevalent around the College buildings on the flagstones. Please proceed with caution.**
- **There are steps on the courses, competitors should proceed with care.**
- **Please remember to bring the appropriate clothing based on the weather which may be inclement at this time of year. No shorts, there are areas of undergrowth.**
- Competitors are advised to carry whistles. The organiser reserves the right to insist that cagoules are carried so please come prepared.
- Competitors travelling alone are encouraged to leave keys at enquiries. Control boxes will be used to check that no competitors are still out on the courses.
- **Please report to download even if retiring and do not forget to download.**
- Ticks may be present, so full body cover is required in accordance with British Orienteering rules. Please remember to check yourself after the event.
- Competitors take part at their own risk and are responsible for their own safety.
- **Dogs: No dogs allowed as per the College's request.**
- **Please note that Wellington College is a No Smoking and No Vaping zone.**

Officials:

- Planner – Pete Jones, SN
- Controller – Craig Blackford, BADO
- Organiser – Helen Ashenden, SN email: helen.ashenden@talktalk.net
Tel: 01344 762811/07980 5426208. Before 10.00pm please if needed.