



Southern Navigators Orienteering Club

present the

2023 SN Trophy and British Army Inter-Corps Championships

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**Venue:** Mytchett and Congo Stream

**Date:** Sunday 26th November 2023

**Planner:** Paul Fox (SN)

**Controller:** Charles Bromley Garnder (BAOC)

**Organiser:** Steve Mckinley (SN), [stephenmckinley64@yahoo.com](mailto:stephenmckinley64@yahoo.com)

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Car Park and Assembly Area:

- The car park and assembly area is at the camping ground, with access from the B3012 at SU923563 <https://what3words.com/graph.perkily.loss>
- Brookwood train station is 3km from the assembly area.

Start:

- Start times are published on the Racesignup and SN website. Start times are from 10:00 until 12:30
- If you miss your start, we will try to fit you in as soon as possible, but some courses are very full, so it could be a long wait.
- The Start is approximately 15min walk, 900m from the Assembly area, including a stream crossing and a marshalled road crossing – not suitable for buggies. The route will be taped from the entrance to the car park. Please watch out for vehicles entering the car park. There will not be a clothing dump. If conditions are adverse clothing could be left there at your own risk but would need to be collected after your run.
- The event is using Sport Ident electronic timing system. SIAC is enabled – **however we are using a punching start and Finish.**
- Call up is at -4 minutes, and as much as possible with chatty orienteers we will be operating a silent start. Remember to Clear your SI card before entering the start system. Competitors on Yellow may collect their map before entering the start system.

-4 minutes	You will be called forward by a start official and your name will be verified
-3 minutes	SI card check
-2 minutes	Pick up your control description
-1 minute	Stand by your map box and await your start, race starts on the long beep

- Maps will be in boxes labelled with Army course name and / or colour.
- Control descriptions will be printed on the map and loose descriptions, on waterproof paper, will be available in the start lanes. All courses, except the orange, long orange and yellow courses will have pictorial descriptions.

Finish:

- There is one finish that is within the assembly area. Please proceed direct to Download once you have completed your course, or if you are retiring. Once started on your course, you must report back to Download.
- Courses close and controls will be collected at 14.30. **YOU MUST** report to Download by 14:45



Safety:

Competitors will be walking to the start via the vehicle entry gateway. Please watch out for pedestrians as you enter the car park.

We recommend competitors carry whistles.

The area is popular with many other users including mountain bikers. Please respect the rights of others.

Any competitor with a high-risk medical condition is invited to download and complete the standard BO form (officials_handbook_safety_firstaid_medical form_280514.doc). Place it in a sealed envelope with your name on the outside and leave it at Enquiries. Envelopes will only be opened if required for a medical emergency and unopened envelopes can either be collected or will be destroyed immediately after the event.

Competitors take part in this event at their own risk and are responsible for their own safety.

All courses have a marshalled 1 minute timed-out road crossing. Please listen to the marshals.

All courses cross Congo Stream. The stream is deep and muddy in places. We recommend the use of footbridges.

Map and Planners Notes:

The area is regularly used for military training and recreational mountain biking. New tracks and earthworks (e.g. small pits and depressions) can appear at any time, and other tracks have become less distinct due to lack of use during 2023. Some mapped gullies can look like tracks if used by MTBs, some mapped tracks are in steep-sided gullies, and some minor tracks (short links and parallel descent variations) in MTB play areas have been omitted to maintain map clarity.

The majority of the area has little significant undergrowth and relatively few brashings and tussocks. Areas of mapped fight can be rhododendron or gorse. Less dense vegetation in some rough open areas will have routes through it and should not affect route choice. The undergrowth screen in wooded areas indicates impeded runnability due to thicker bracken or bramble which no longer dies back fully in the winter, and could still be a thickly matted annoyance in late November.

After forest clearance and heath fires the natural regeneration from rough open, to scattered young trees, to new mature woodland is progressive and gradual, and only the most distinct vegetation changes are mapped. At this time of year after autumn leaf fall some areas mapped as forest (white) can appear very open.

All roads (including verges) bordering the area are out of bounds and marked as such using the forbidden route symbol (purple crosses). **All courses have a timed-out road crossing (max 1 minute, remember to punch both sides)**, and between that point and the finish everyone will also need to cross the Congo Stream. Use of mapped footbridges is strongly advised. The stream has steep banks in places and can be deep and muddy (and iron brown and smelly!) - it's your choice!

Map:

All courses use a 1:10,000 5m contours on waterproof A3 paper. Symbols ISOM 2017-2 – 150%. Features marked with a black X are not used as control sites - they can represent the remains of man-made objects such as an old water tank or burnt-out car. Branch hides and other temporary structures (e.g., MTB jumps/obstacles) are not mapped. The Black course has a double-sided map.

Course/Class combinations:

Colour	Inter-Corps	Distance/km	Climb/m	No. of Controls
Black		12.6	435	27
Brown	Army Men Long	9.8	310	22
Short Brown		8.8	295	20
Blue Men		7.1	270	18
Blue Women	Army Women	6.9	245	18
Short Blue Men		5.5	230	16
Short Blue Women	Army Senior Short	5.6	195	16
Green	Army Veteran	5.0	170	14
Short Green		3.8	150	13
Very Short Green		3.1	115	13
Light Green		4.2	145	13
Long Orange	Army U25/Novice	4.7	165	15
Orange		3.6	130	12
Yellow*		2.6	80	14

Notes for those on yellow:

For competitors on Yellow, please be aware they will pass by the start and prestart on their way back to the road crossing, between control No 7 and 8, although clearly marked on the map may be unsettling for younger runners.

Results Display:

Results splits will be given at download showing current winning times. Full results and routegadget will be posted on the SN website later in the afternoon

Facilities:

- Toilets are located in the car park only.
- Traders: Tom’s Wagon will be available for hot & cold snacks and drinks. Compasspoint selling O-kit
- First Aid: Reliance Ambulance Service are located just beside the finish in the assembly area.
- The closest A&E Hospital facility is 5 miles away at Frimley Park, Portsmouth Rd, Frimley, Camberley GU16 7UJ

Dogs:

Dogs should be kept under control and owners are requested to clear up any mess, especially within the assembly area that is used as a camping ground in the summer.

Cancellation:

Cancellation is the last resort. However, if very bad weather is forecast or some unforeseen event makes it necessary to cancel, a notice will be placed on the SN website. If the event is cancelled, SN reserves the right to retain part of the entry fee to cover cost already incurred.