



SOUTHERN NAVIGATORS ORIENTEERING CLUB

Compass Sport Cup/Trophy Heat Long Valley North

Sunday, 23 February 2025



FINAL DETAILS

Organiser: Paul Fox (SN) Tel 07547 393841 Email: paulffox@aol.com

Planner: Alan Wallis (SN)

Controller: Colin Dickson (BAOC)

This is a closed event for clubs competing in the 2025 Compass Sport Cup/Trophy. The event follows the 2025 rules for the Compass Sport Cup/Trophy as published on the BO web site, [Competition Rule U](#) and the draw as published by the entries coordinator.

Cup: One club to qualify from SN, TVOC

Trophy: Three clubs to qualify from BADO, BKO, GO, MV, NWO, SARUM, SOC

Guest University Club: OUOC

The final will take place at South Gare near Redcar on Sunday 14 September 2025.

Location: MOD Eelmoor, GU11 2HL. **Entrance gate signed off A323 Fleet Road** between Aldershot and Fleet at grid reference SU847527, What3Words \perky.tame.pigs, GPS coordinates 51.266394,-0.786264.

Public Transport: The nearest railway station is Aldershot, 3.5km away. There is no bus service which passes the entrance to the area.

Event Timings:

Car park: open from 0900

Starts: from 1030 to 1230

Course closure: 1430

Site closes: 1600

Parking and Assembly: a flat well-drained area, approx. 500m from the entry gate. Maximum walk from your car to Assembly is 200m. If you are bringing anything bigger than a minibus or campervan please notify the Organiser in advance. The venue was used for the Compass Sport Cup/Trophy final in 2014, and more recently for SN Trophy 2021. Welcome back!

Facilities (all at or near Assembly marquee):

Enquiries: hired SI/SIAC cards, key drop, medical forms, limited entry on the day (see below)

Toilets.

First Aid.

British & Continental Catering (Tom's burger van): hot snacks, cakes and drinks.

Free String course near pre-start area (self-service, please supervise your own children)

Space for tents/banners between Start and Finish, adjacent to refreshments, and with a view of spectator leg for courses 1-6 and 8A.

Please bring your own preferred hydration to the event - we will have only a limited supply of water for emergency use. Whistles can be purchased at Enquiries for a £1 donation to charity.

Entries: in advance and via Team Captains only, on the spreadsheet provided directly to Captains by the entry secretary (Andy Macgregor). Entry closing date Sunday 9 February. Late changes subject to Entry Sec confirmation up to Tuesday 18 February. **Limited entry on the day for non-competitive courses only** (Yellow and Light Green), cost £16 seniors, £8 juniors.

Timing System: The event will use SportIdent timing with SIAC touch-free enabled, except for a dibbing start/finish. Standard SI or touch-free SIAC cards can be hired via the entry process.

It is the competitor's responsibility to record their presence at a control.

- **If your SIAC card battery fails** during the event you should continue to dib manually (as with a standard passive SI card). The control unit will beep to confirm your dib. Your splits will still be recorded.
- **If the control unit fails** (no beep from unit, no flash/beep on your SIAC card) use the back-up pin punch attached to the control to punch your map.

Start: from 10.30 to 12.30. Pre-start is adjacent to Assembly. Compass Sport Cup/Trophy competitors have strictly pre-allocated start times. If you miss your start time you may have to wait a long time to be fitted into a start slot which is both available AND separated from any other competitor in your club. Non-competitive runners on Yellow/Light Green may start at any time – please make yourself known to a start official.

Before you enter the start system **clear your SI/SIAC card** at a Clear station near the entry point. **Call up will be at -4 minutes.** You can warm up within the car park field or the adjacent woodland to the north of the pre-start area (beware string course!). All woodland to the NW of the assembly field and the open land beyond Assembly to the SW is strictly out of bounds.

-4: enter the start system when your name is called, dib **Check** station - **no whistle, no go**

-3: **SIAC Test** station (swipe to test), and late map/safety information (if any)

-2: control descriptions (also printed on all competition maps; see table of courses)

-1: proceed to the start line (short walk) and wait for the countdown beeps

0: go on the long beep, **dib the Start unit (all courses, including SIAC users)**, pick up your map, proceed to the start kite (immediately beyond the end of the map boxes).

Map boxes are labelled with your course number only (take note if you are “running up”).

It is your responsibility to check that you have picked up the correct map after dibbing the Start unit. Control description header will indicate both course number and cup/trophy classes.

Finish: A **dibbing finish** will operate for **ALL** competitors (safety check). The finish run-in will be taped from the last control. Proceed to Download as soon as you finish, and please report to Download even if you have retired. **Courses close at 14.30.** Controls will be collected promptly.

Map: drawn to ISOM 2017-2 specification with minor path and vegetation updates by the Planner in winter 2024/25. All maps are A4 size, scale 1:10 000 with 5m contours. Last used for a major event at SN Trophy 2021, map and courses viewable here: [Route gadget SNT2021](#)

Note: **There is no legend on the map.** Some wide tracks and open firm sandy areas have been shown using the “hard surface” symbol, to differentiate them from adjacent rough open. Mapped boulders / boulder fields include large lumps of concrete or stone-filled gabions (approx. 1 m³). Many smaller stone objects are not mapped.

Terrain: The competition area is used for off-road driver training, with numerous paths, tracks, firm gravel roads and wet sandy wallows. Minor new earth features and tracks can appear at any time and may not all be mapped. There are areas of significant contour detail, numerous smaller features including gullies, knolls and depressions, plus a range of vegetation types including bare open sand, deciduous and coniferous forest blocks of varying runnability, scrubby heathland, and numerous permanent “puddles” which can be deep, may contain hidden trip hazards and can occupy the entire width of major tracks. Most mapped fences are strand wire with no barbs, and easily crossed. Some recent gorse thinning/removal has taken place.

Hazards: The area is used for military training - do not touch suspicious objects and beware of debris. Some ditches are deep, some tracks have steep sided drops onto them, and there are many **unmapped** fence remains along plantation edges which present a trip hazard. None of the debris or other terrain hazards have been taped. After heavy rain parts of the area can become very wet with some very slippery slopes.

Uncrossable features and out of bounds (OOB): please respect any areas marked using the OOB cross-hatching, which may not be taped off. Courses have been planned to avoid known environmental and other restrictions placed upon us.

Controls: SI boxes mounted on stakes with a vertical number plate near the top of the stake.

Course information:

Course	Cup/Trophy Classes	Distance km	Climb m	Controls	Descriptions	Spectator Leg	Map size
1	M Open	10.2	165	25	Pictorial	Y	A4
2	M40+, M20-	8.5	140	22	Pictorial	Y	A4
3	W Open	6.6	135	20	Pictorial	Y	A4
4	M50+	6.6	125	20	Pictorial	Y	A4
5	W45+, W20-	4.4	95	15	Pictorial	Y	A4
6	M60+	4.5	100	16	Pictorial	Y	A4
7	M70+, W60+	4.0	55	12	Pictorial	N	A4
8A	M18-	4.5	100	16	Pictorial	Y	A4
8B	W18-	3.9	70	13	Pictorial	N	A4
9A /9B	M14- / W14-	2.9	45	9	Pictorial & Text	N	A4
10	M80+, W70+	3.8	60	12	Pictorial	N	A4
11 (Light Green)	Not applicable	3.6	55	12	Pictorial	N	A4
12 (Yellow)	Not applicable	2.2	40	7	Text only	N	A4

Safety: A comprehensive risk assessment has been completed and identified risks have been avoided or mitigated where this is practical and within our control.

Orienteering is an adventure sport. **Your safety is your responsibility** - dress appropriately for the prevailing weather conditions and your ability level. **You must carry a whistle** for use in an

emergency (mandatory, checked at Start). In the event of severe weather you may also be required to carry/wear a hooded waterproof jacket. Please come prepared.

The safety bearing is **East** until you reach assembly (in the NE part of the area), or the edge of the map (barbed wire perimeter fence). Follow the inner side of the eastern perimeter fence generally N or NW towards the area immediately east of assembly/car park. From the obvious Rushmoor Arena entrance tunnel head W to return to assembly. You may carry a phone for use in an emergency (but not to aid your navigation). A contact number is printed on the map.

If you have a known medical condition which may affect your treatment in the event of illness or injury during the event, please let us know before you run. You can deposit a sealed envelope at Enquiries (clearly labelled with your name and club) with relevant personal information which will be opened only in an emergency. A suitable form is downloadable from the BO website [here](#) (under Safety Resources / Medical Form). We will destroy unclaimed envelopes after the event.

Ticks are known to be present, and may be active at all times of the year. Be aware of the risk of tick-borne infections (e.g. Lyme's Disease, Tick-borne Encephalitis (TBE)) and check yourself after the event.

Biosecurity: please follow the standard British Orienteering guidance to reduce the risk of spreading harmful plant and animal diseases. **Clean – Check – Dry** your kit after previous use and arrive with clean kit and footwear for the competition.

Dogs: Competitors' dogs are permitted under close control in the car park and assembly area but must NOT accompany you on your course. Please clear up after your dog.

Other users of the area: You may encounter cyclists, walkers, or horse riders. Please be courteous and avoid conflict. If you are involved in any incidents involving damage to property, injury or a dispute with a member of the public, please inform us at Download/Enquiries.

Our sport's reputation and future use of the area depends on your respect for the rules, your conduct, and your courtesy to others.

Photography: there is no official photographer at this event. You may take personal photos but please follow BO guidelines. Avoid any personal intrusion, do not take photos in "changing areas", and respect the wishes of those who do not wish to be photographed. Please do not publish named photos of competitors without their consent.

Complaints and protests: BO Rule 13 applies. If you have a complaint about your course, or any other aspect of the event, please discuss in the first instance with the Organiser, who will consult other event officials as necessary. If you disagree with the decision of the Organiser you can choose to make a formal protest which will then be assessed by a Jury.

The Jury for this event will comprise three controllers from outside SN.

Results: Team scores will be updated live throughout the event and displayed on a screen near Download. Course results will also be displayed if we have enough screen capacity. Final results will be published as soon as possible after the event via the SN web site www.southern navigators.com along with links to Routegadget and Splitsbrowser.

Have a great day. Go safely, and enjoy your run.