November 13, 2022 RESULTS

Black 11.8km 290m

| DIACK 11.0KIII 29UIII | | | | | | | |
|-----------------------|--------------------|-------|------------|----------|-----------|--|--|
| Pos | Name | Club | Age Class | Time | Behind | | |
| 1st | Michael Krajewski | SN | M40 (1st) | 01:23:54 | | | |
| 2nd | Robert Finch | NGOC | M21 (1st) | 01:25:23 | +00:01:29 | | |
| 3rd | Nicholas Jarvis | SO | M21 (2nd) | 01:25:58 | +00:02:04 | | |
| 4th | Tom Dobra | TVOC | M21 (3rd) | 01:29:52 | +00:05:58 | | |
| 5th | Liam Marsh | SO | M21 (4th) | 01:29:57 | +00:06:03 | | |
| 6th | Juraj Hammer | IND | M45 (1st) | 01:30:09 | +00:06:15 | | |
| 7th | Thomas Howell | SN | M21 (5th) | 01:31:04 | +00:07:10 | | |
| 8th | Tim Scarbrough | MV | M35 (1st) | 01:31:23 | +00:07:29 | | |
| 9th | Peter Daplyn | SN | M40 (2nd) | 01:31:26 | +00:07:32 | | |
| 10th | Richard Collyer | GO | M45 (2nd) | 01:34:05 | +00:10:11 | | |
| 11th | Donatas Tumaitis | CHIG | M35 (2nd) | 01:38:11 | +00:14:17 | | |
| 12th | James Haynes | TVOC | M21 (6th) | 01:40:10 | +00:16:16 | | |
| 13th | Alex Dutton | SLOW | M45 (3rd) | 01:43:07 | +00:19:13 | | |
| 14th | John Hill-Venning | SN | M45 (4th) | 01:45:24 | +00:21:30 | | |
| 15th | Michael Hallett | BOK | M21 (7th) | 01:45:54 | +00:22:00 | | |
| 16th | Tony Burton | MV | M55 (1st) | 01:48:53 | +00:24:59 | | |
| 17th | Simon Errington | HH | M55 (2nd) | 01:49:00 | +00:25:06 | | |
| 18th | Peter Jones | SN | M65 (1st) | 01:50:44 | +00:26:50 | | |
| 19th | Richard Lloyd | LOK | M50 (1st) | 01:52:11 | +00:28:17 | | |
| 20th | Antoine Pesenti | DFOK | M50 (2nd) | 02:02:23 | +00:38:29 | | |
| 21st | Thomas Jarvis | RAFO | M21 (8th) | 02:02:36 | +00:38:42 | | |
| 22nd | Michael Wagstaff | LOK | M21 (9th) | 02:04:49 | +00:40:55 | | |
| 23rd | Adrian Butter | SN | M45 (5th) | 02:05:48 | +00:41:54 | | |
| 24th | Euan Marsh | SO | M21 (10th) | 02:07:44 | +00:43:50 | | |
| 25th | Michael Muggeridge | HAVOC | M60 (1st) | 02:09:23 | +00:45:29 | | |
| 26th | Cameron Lamond | SN | M50 (3rd) | 02:14:45 | +00:50:51 | | |
| 27th | Rob Leathley | SO | M45 (6th) | 02:15:06 | +00:51:12 | | |
| 28th | Jacob Stevens | CHIG | M45 (7th) | 02:19:41 | +00:55:47 | | |
| 29th | Daniel Figg | HH | M21 (11th) | 02:20:11 | +00:56:17 | | |
| 30th | Ben Bardsley | HH | M50 (4th) | 02:39:07 | +01:15:13 | | |
| 31st | John Pickup | MV | M50 (5th) | 02:42:53 | +01:18:59 | | |
| | Tim Beale | SN | M35 | m1-30 | | | |
| | Brad Smith | HH | M40 | m12-30 | | | |
| | | | | | | | |

Brown 10.3km 240m

| Pos | Name | Club | Age Class | Time | Behind |
|------|---------------|------|-----------|----------|-----------|
| 1st | Oliver Prince | SOS | M16 (1st) | 01:14:21 | |
| 2nd | Tuomas Tala | TVOC | M50 (1st) | 01:21:02 | +00:06:41 |
| 3rd | Adam Poole | TVOC | M21 (1st) | 01:26:31 | +00:12:10 |
| 4th | Nigel Bunn | TVOC | M55 (1st) | 01:26:48 | +00:12:27 |
| 5th | Jan Travnicek | TVOC | M45 (1st) | 01:27:28 | +00:13:07 |
| 6th | Mark Saunders | TVOC | M40 (1st) | 01:32:38 | +00:18:17 |
| 7th | Paul Fox | SN | M60 (1st) | 01:34:02 | +00:19:41 |
| 8th | Nat Skidmore | TVOC | M35 (1st) | 01:48:14 | +00:33:53 |
| 9th | Dil Wetherill | WAOC | M55 (2nd) | 01:55:25 | +00:41:04 |
| 10th | Rich Golding | ВКО | M50 (2nd) | 02:46:42 | +01:32:21 |
| | Adam Smith | BAOC | M35 | m14-23 | |

November 13, 2022 RESULTS

Short Brown 8.7km 190m

| 3110 | IL DIOWII 6.7KI | | ı | | |
|------|--------------------------------|------|------------|----------|-----------|
| Pos | Name | Club | Age Class | Time | Behind |
| 1st | Adam Methven | BKO | M18 (1st) | 01:00:29 | |
| 2nd | Andrew Preston | SYO | M45 (1st) | 01:07:15 | +00:06:46 |
| 3rd | Ben Gostick | HH | M18 (2nd) | 01:10:21 | +00:09:52 |
| 4th | Richard Barrett | BAOC | M50 (1st) | 01:12:09 | +00:11:40 |
| 5th | Nick Cooper | SN | M45 (2nd) | 01:12:29 | +00:12:00 |
| 6th | Tommy Heap | SO | M18 (3rd) | 01:12:51 | +00:12:22 |
| 7th | Matthias Mahr | SLOW | M45 (3rd) | 01:15:17 | +00:14:48 |
| 8th | Sarah Rollins | SN | W45 (1st) | 01:18:21 | +00:17:52 |
| 9th | lan Marsden | HH | M45 (4th) | 01:21:19 | +00:20:50 |
| 10th | Keith Belsey | SN | M55 (1st) | 01:24:01 | +00:23:32 |
| 11th | Abi Weeds | SLOW | W45 (2nd) | 01:24:29 | +00:24:00 |
| 12th | Katherine Bett | SN | W21 (1st) | 01:24:49 | +00:24:20 |
| 13th | Keith Masson | MV | M60 (1st) | 01:25:07 | +00:24:38 |
| 14th | Jolyon Medlock | WSX | M45 (5th) | 01:25:09 | +00:24:40 |
| 15th | lan Hargreaves | sos | M45 (6th) | 01:25:10 | +00:24:41 |
| 16th | Ben Green | TVOC | M45 (7th) | 01:26:27 | +00:25:58 |
| 17th | Nick Nourse | NWO | M60 (2nd) | 01:27:35 | +00:27:06 |
| 18th | Will Heap | so | M45 (8th) | 01:30:04 | +00:29:35 |
| 19th | Andrew Snell | BAOC | M45 (9th) | 01:33:05 | +00:32:36 |
| 20th | Paul Martin | SN | M55 (2nd) | 01:33:39 | +00:33:10 |
| 21st | Tom Frost | SN | M55 (3rd) | 01:34:47 | +00:34:18 |
| 22nd | Mark Adams | HH | M55 (4th) | 01:35:01 | +00:34:32 |
| 23rd | Becky Raftery | HH | W35 (1st) | 01:35:17 | +00:34:48 |
| 24th | John Methven | BKO | M50 (2nd) | 01:35:35 | +00:35:06 |
| 25th | Tom Raftery | HH | M40 (1st) | 01:35:46 | +00:35:17 |
| 26th | Robin Mills | WIM | M55 (5th) | 01:40:07 | +00:39:38 |
| 27th | | WIM | , , | 01:40:24 | +00:39:55 |
| 28th | Philip Harvey Jason Falconer | | M50 (3rd) | 01:43:07 | +00:42:38 |
| 29th | | WSX | M50 (4th) | 01:43:37 | +00:42:38 |
| | Zlatko Peev | SLOW | M50 (5th) | | |
| 30th | Robin Bishop Andrew Henderson | TVOC | M55 (6th) | 01:44:37 | +00:44:08 |
| 31st | | WAOC | M55 (7th) | 01:45:55 | +00:45:26 |
| 32nd | Steve Bailey | SN | M60 (3rd) | 01:47:04 | +00:46:35 |
| 33rd | Michael Cooke | BAOC | M45 (10th) | 01:49:58 | +00:49:29 |
| 34th | Maxim Zorin | SLOW | M45 (11th) | 01:50:39 | +00:50:10 |
| 35th | Marc Ebanks | SN | M50 (6th) | 01:52:01 | +00:51:32 |
| 36th | Bo Oqvist | ВКО | M50 (7th) | 01:52:24 | +00:51:55 |
| 37th | Megan Harrison | EPOC | W21 (2nd) | 01:56:31 | +00:56:02 |
| 38th | Ross Maclagan | SN | M45 (12th) | 01:57:16 | +00:56:47 |
| 39th | Fiona Tam | SLOW | W21 (3rd) | 02:00:12 | +00:59:43 |
| 40th | Daniel Allinson | TVOC | M21 (1st) | 02:07:56 | +01:07:27 |
| 41st | Douglas Nesbit | HH | M45 (13th) | 02:08:24 | +01:07:55 |
| 42nd | Chris Gibbins | AIRE | M50 (8th) | 02:09:04 | +01:08:35 |
| 43rd | Rob Taylor | NGOC | M50 (9th) | 02:09:05 | +01:08:36 |
| 44th | Simon Deeks | SAX | M50 (10th) | 02:09:41 | +01:09:12 |
| 45th | Zsolt Podolyak | SN | M50 (11th) | 02:09:55 | +01:09:26 |
| 46th | Austin Howe | SAX | M16 (1st) | 02:10:37 | +01:10:08 |
| 47th | Richard Powell | WAOC | M45 (14th) | 02:13:56 | +01:13:27 |
| 48th | David Harrison | EPOC | M50 (12th) | 02:21:27 | +01:20:58 |
| 49th | Craig Ogilvie | SN | M50 (13th) | 02:23:40 | +01:23:11 |
| 50th | Keith Bennett | DFOK | M50 (14th) | 02:25:02 | +01:24:33 |
| 51st | Stephen Lee-Jones | BOK | M55 (8th) | 02:30:42 | +01:30:13 |
| 52nd | Nicolas Roux | SLOW | M45 (15th) | 02:48:29 | +01:48:00 |
| | | | | | |

November 13, 2022 RESULTS

Short Brown 8.7km 190m

| Pos | Name | Club | Age Class | Time | Behind |
|------|----------------|------|------------|----------|-----------|
| 53rd | Dickson CY Tam | НН | M45 (16th) | 02:56:47 | +01:56:18 |
| | David Currie | SOC | M45 | m3-12 | |

Blue 7.1km 160m

| Blue | : /.1km 160m | | | | |
|-------|-----------------------|-------|-------------|----------|-----------|
| Pos | Name | Club | Age Class | Time | Behind |
| 1st | Thomas Rollins | SN | M16 (1st) | 00:58:20 | |
| 2nd | Harry Bratcher-Howard | WIM | M16 (2nd) | 01:02:17 | +00:03:57 |
| 3rd | Robbie Lightfoot | SYO | M14 (1st) | 01:03:25 | +00:05:05 |
| 4th | Ben Perry | DEVON | M16 (3rd) | 01:04:44 | +00:06:24 |
| 5th | Roger Thetford | TVOC | M60 (1st) | 01:05:20 | +00:07:00 |
| 6th | Alan Velecky | SO | M55 (1st) | 01:06:10 | +00:07:50 |
| 7th | Tommy Johansson | | M55 (2nd) | 01:06:43 | +00:08:23 |
| 8th | Tim Must | TVOC | M50 (1st) | 01:07:33 | +00:09:13 |
| 9th | Joel Taylor | TVOC | M18 (1st) | 01:07:47 | +00:09:27 |
| 10th | Gavin Clegg | WSX | M65 (1st) | 01:10:03 | +00:11:43 |
| 11th | Becky Carlyle | TVOC | W35 (1st) | 01:10:13 | +00:11:53 |
| 12th | Peter Chapman | SO | M55 (3rd) | 01:11:06 | +00:12:46 |
| 13th | Mike Brett | BAOC | M55 (4th) | 01:11:40 | +00:13:20 |
| 14th | Luke Bennett | DFOK | M14 (2nd) | 01:11:55 | +00:13:35 |
| 15th | Chris Hooker | SO | M60 (2nd) | 01:12:18 | +00:13:58 |
| 16th | Christine Currie | SOC | W45 (1st) | 01:14:07 | +00:15:47 |
| 17th | Mark Chapman | SO | M60 (3rd) | 01:14:43 | +00:16:23 |
| 18th | Nick Green | GO | M60 (4th) | 01:15:01 | +00:16:41 |
| 19th | Simon Moore | BKO | M60 (5th) | 01:15:18 | +00:16:58 |
| 20th | Barry Jones | SO | M55 (5th) | 01:15:55 | +00:17:35 |
| 21st | Melanie Slade | SN | W50 (1st) | 01:16:37 | +00:18:17 |
| 22nd | Neil Speers | DFOK | M55 (6th) | 01:17:07 | +00:18:47 |
| 23rd | Jon Paton | SN | M60 (6th) | 01:17:22 | +00:19:02 |
| 24th | Julian Hartwell | SOC | M65 (2nd) | 01:17:32 | +00:19:12 |
| 25th | Charlotte Turner | SLOW | W35 (2nd) | 01:17:40 | +00:19:20 |
| 26th | Nicholas Lightfoot | SYO | M60 (7th) | 01:19:15 | +00:20:55 |
| 27th | Katie Symons | | W40 (1st) | 01:19:19 | +00:20:59 |
| 28th | Richard Sharp | TVOC | M55 (7th) | 01:19:54 | +00:21:34 |
| 29th | Mike Frizzell | BADO | M60 (8th) | 01:19:59 | +00:21:39 |
| 30th | Sarah Scarbrough | MV | W40 (2nd) | 01:20:56 | +00:22:36 |
| 31st | David Lobley | DFOK | M55 (8th) | 01:21:15 | +00:22:55 |
| 32nd | Timofey Zorin | SLOW | M16 (4th) | 01:21:49 | +00:23:29 |
| 33rd | Colin Dickson | BAOC | M65 (3rd) | 01:21:58 | +00:23:38 |
| 34th | Andrew Pitcher | DFOK | M55 (9th) | 01:22:03 | +00:23:43 |
| 35th | Charles Mayes | CLOK | M55 (10th) | 01:22:27 | +00:24:07 |
| 36th | Charles Spence | LOK | M60 (9th) | 01:22:28 | +00:24:08 |
| 37th | Philip Eeles | SOC | M65 (4th) | 01:22:34 | +00:24:14 |
| 38th | Paul Beckett | HAVOC | M60 (10th) | 01:22:35 | +00:24:15 |
| 39th | Tony Carlyle | AIRE | M70 (1st) | 01:22:40 | +00:24:20 |
| 40th | Stefan Peykov | SLOW | M55 (11th) | 01:22:42 | +00:24:22 |
| 41st | Iain Bell | SN | M55 (12th) | 01:23:17 | +00:24:57 |
| 42nd | Andy Jones | SLOW | M60 (11th) | 01:23:20 | +00:25:00 |
| 43rd | Mel Taylor | SAX | M55 (13th) | 01:24:56 | +00:26:36 |
| 44th= | Andy French | WIM | M55 (14th=) | 01:25:28 | +00:27:08 |
| 44th= | Charles Gook | BADO | M55 (14th=) | 01:25:28 | +00:27:08 |
| 46th | Ian Buxton | TVOC | M55 (16th) | 01:25:40 | +00:27:20 |
| | | | | | |

November 13, 2022 RESULTS

Blue 7.1km 160m

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|---------------|--------------------------------|-------|------------|----------|-----------|
| Pos | Name | Club | Age Class | Time | Behind |
| 47th | Steve Jarvis | SO | M55 (17th) | 01:26:05 | +00:27:45 |
| 48th | Rob Hick | WSX | M60 (12th) | 01:26:23 | +00:28:03 |
| 49th | Jon Steed | BADO | M55 (18th) | 01:26:42 | +00:28:22 |
| 50th | Ronan Cleary | LOK | M60 (13th) | 01:26:56 | +00:28:36 |
| 51st | David Pilling | BOK | M55 (19th) | 01:28:51 | +00:30:31 |
| 52nd | Oliver Bardsley | HH | M16 (5th) | 01:28:55 | +00:30:35 |
| 53rd | Alan Hickling | SAX | M55 (20th) | 01:29:38 | +00:31:18 |
| 54th | Mark Feltham | MV | M60 (14th) | 01:31:15 | +00:32:55 |
| 55th | Gordon Parker | SLOW | M55 (21st) | 01:31:24 | +00:33:04 |
| 56th | Christopher Ashenden | SN | M55 (22nd) | 01:31:30 | +00:33:10 |
| 57th | Peter Martin | SAX | M70 (2nd) | 01:31:59 | +00:33:39 |
| 58th | Carys Sharp | TVOC | W18 (1st) | 01:32:03 | +00:33:43 |
| 59th= | Karen French | WIM | W55 (1st) | 01:33:23 | +00:35:03 |
| 59th= | Simon Moss | SLOW | M55 (23rd) | 01:33:23 | +00:35:03 |
| 61st | Howard Waller | TVOC | M55 (24th) | 01:34:30 | +00:36:10 |
| 62nd | Andrew Hannaford | SO | M65 (5th) | 01:34:43 | +00:36:23 |
| 63rd | Jon Chandler | LOK | M55 (25th) | 01:34:50 | +00:36:30 |
| 64th | Ian Sayer | WSX | M70 (3rd) | 01:35:04 | +00:36:44 |
| 65th | Rory Nesbit | НН | M14 (3rd) | 01:35:40 | +00:37:20 |
| 66th | Dave Chapman | SN | M65 (6th) | 01:35:41 | +00:37:21 |
| 67th | Peter Martin | MV | M60 (15th) | 01:37:29 | +00:39:09 |
| 68th | Derick Mercer | BKO | M55 (26th) | 01:37:34 | +00:39:14 |
| 69th | Bert Park | SUFFO | M55 (27th) | 01:37:45 | +00:39:25 |
| 70th | Eddie Whittle | BKO | M50 (2nd) | 01:38:16 | +00:39:56 |
| 71st | Doug Greenwood | SOC | M45 (1st) | 01:38:32 | +00:40:12 |
| 72nd | Lulu Williams | SLOW | W50 (2nd) | 01:38:40 | +00:40:20 |
| 73rd | Jeff Armitage | SLOW | M60 (16th) | 01:39:06 | +00:40:46 |
| 74th | Neil Frankum | BKO | M50 (3rd) | 01:39:20 | +00:41:00 |
| 75th | Jake Gilmore | 2 | M55 (28th) | 01:41:00 | +00:42:40 |
| 76th | Colin Blanchard | SN | M40 (1st) | 01:41:22 | +00:43:02 |
| 77th | Paul Street | SLOW | M65 (7th) | 01:41:51 | +00:43:31 |
| 78th | Andrew Evans | DFOK | M65 (8th) | 01:45:23 | +00:47:03 |
| 79th | Simon Dunkley | SN | M55 (29th) | 01:45:39 | +00:47:19 |
| 80th | Tom Mills | NGOC | M75 (1st) | 01:47:24 | +00:49:04 |
| 81st | Zbigniew Gebka | HAVOC | M60 (17th) | 01:47:25 | +00:49:05 |
| 82nd | Jon Vaughan | ВКО | M45 (2nd) | 01:48:45 | +00:50:25 |
| 83rd | Emma Jarrett | WAOC | W45 (2nd) | 01:49:26 | +00:51:06 |
| 84th | Chun Yan Alistair Fu | WAOC | M14 (4th) | 01:50:01 | +00:51:41 |
| 85th | Janusz Holender | TVOC | M60 (18th) | 01:50:35 | +00:52:15 |
| 86th | Freya Askham | SMOC | W45 (3rd) | 01:50:51 | +00:52:31 |
| 87th | Terence Hosking | BKO | M55 (30th) | 01:53:04 | +00:54:44 |
| 88th | Gergely Farago | HH | M45 (3rd) | 01:53:37 | +00:55:17 |
| 89th | Rachel Banham | TVOC | W21 (1st) | 01:54:15 | +00:55:55 |
| 90th | | MV | • • | 01:55:42 | |
| | Nigel Bush | | M65 (9th) | | +00:57:22 |
| 91st 92nd | Tim Keogh Charlie Hill-Venning | MV | M55 (31st) | 01:56:12 | +00:57:52 |
| 9211d 93rd | ŭ | PADO | M40 (2nd) | 01:56:13 | +00:57:53 |
| | Andy Parker | BADO | M60 (19th) | 01:56:16 | +00:57:56 |
| 94th | Ian Byford | HH | M60 (20th) | 02:00:13 | +01:01:53 |
| 95th | Aleksei Dnestrovskii | TVOC | M55 (32nd) | 02:00:46 | +01:02:26 |
| 96th | Nathan Taylor | TVOC | M16 (6th) | 02:02:49 | +01:04:29 |
| 97th | Rod Mansel | SUFFO | M60 (21st) | 02:03:30 | +01:05:10 |
| 98th | Ian Phillips | NGOC | M60 (22nd) | 02:03:45 | +01:05:25 |

November 13, 2022 RESULTS

Blue 7.1km 160m

| Pos | Name | Club | Age Class | Time | Behind |
|-------|------------------------|------|------------|----------|-----------|
| 99th | lan Roberts | MV | M55 (33rd) | 02:03:57 | +01:05:37 |
| 100th | Colin Swallow | SN | M65 (10th) | 02:04:32 | +01:06:12 |
| 101st | David Heale | HH | M55 (34th) | 02:05:56 | +01:07:36 |
| 101st | Marc Roberts | IND | M60 (23rd) | 02:05:56 | +01:07:36 |
| 103rd | Kieran Marsh | SLOW | M21 (1st) | 02:06:48 | +01:08:28 |
| 104th | Tilly Woods | TVOC | W21 (2nd) | 02:07:32 | +01:09:12 |
| 105th | Jb Rae-Smith | DFOK | M55 (35th) | 02:08:56 | +01:10:36 |
| 106th | Melanie Roux | SLOW | W45 (4th) | 02:10:32 | +01:12:12 |
| 107th | Michael Chun Chi Tsang | WSX | M21 (2nd) | 02:19:20 | +01:21:00 |
| 108th | Rob Mullens | BKO | M40 (3rd) | 02:19:31 | +01:21:11 |
| 109th | Jean-Pierre Carraud | SOS | M50 (4th) | 02:28:32 | +01:30:12 |
| | Ruth Beale | SN | W35 | m2-18 | |
| | Aidan Hilton | SN | M14 | m4-6 m1 | |
| | Paul Wilson | SO | M60 | m8-16 | |
| | John Kelly | SN | M35 | m11 | |
| | Shiva Tamanle | | M45 | m12-18 | |
| | Paul Taylor | TVOC | M45 | m3-7 rtd | |
| | | | | | |

Short Blue 5.7km 150m

| Pos | Name | Club | Age Class | Time | Behind |
|-------|------------------|-------|------------|----------|-----------|
| 1st | Lyra Medlock | WSX | W16 (1st) | 00:49:01 | |
| 2nd | Emily Gibbins | AIRE | W18 (1st) | 00:53:00 | +00:03:59 |
| 3rd | David Kingham | TVOC | M65 (1st) | 00:56:51 | +00:07:50 |
| 4th | Alun Jones | TVOC | M65 (2nd) | 00:59:19 | +00:10:18 |
| 5th | lan Ditchfield | MV | M65 (3rd) | 01:01:42 | +00:12:41 |
| 6th | Amelia Wing | BKO | W16 (2nd) | 01:02:28 | +00:13:27 |
| 7th | Anne Straube | OD | W45 (1st) | 01:02:41 | +00:13:40 |
| 8th | Alan Rosen | HH | M65 (4th) | 01:04:19 | +00:15:18 |
| 9th | Carol Lovegrove | SN | W50 (1st) | 01:05:37 | +00:16:36 |
| 10th | John Simmons | BOK | M70 (1st) | 01:07:27 | +00:18:26 |
| 11th | Kevin Pickering | WIM | M65 (5th) | 01:07:54 | +00:18:53 |
| 12th | Andrew Graham | SARUM | M65 (6th) | 01:07:58 | +00:18:57 |
| 13th | Phoebe King | GO | W18 (2nd) | 01:08:42 | +00:19:41 |
| 14th | Oliver Paulin | TVOC | M21 (1st) | 01:08:46 | +00:19:45 |
| 15th | Phil Conway | GO | M55 (1st) | 01:09:01 | +00:20:00 |
| 16th | Ethan Daplyn | SN | M16 (1st) | 01:09:08 | +00:20:07 |
| 17th | Maggie Soulsby | HH | W16 (3rd) | 01:09:09 | +00:20:08 |
| 18th | Andrew Parkinson | SO | M70 (2nd) | 01:10:09 | +00:21:08 |
| 19th | Jocie Hilton | SN | W16 (4th) | 01:10:19 | +00:21:18 |
| 20th | Kevin Bracher | SOC | M65 (7th) | 01:10:22 | +00:21:21 |
| 21st | Tanya Taylor | LOG | W50 (2nd) | 01:10:44 | +00:21:43 |
| 22nd | Sue Bett | SN | W55 (1st) | 01:11:47 | +00:22:46 |
| 23rd | Amy Lee-Jones | BOK | W18 (3rd) | 01:12:43 | +00:23:42 |
| 24th | Jill Blount | SO | W60 (1st) | 01:12:49 | +00:23:48 |
| 25th | Pete Maliphant | BOK | M65 (8th) | 01:12:52 | +00:23:51 |
| 26th= | Jackie Hallett | BOK | W65 (1st) | 01:13:24 | +00:24:23 |
| 26th= | Trish Monks | ВКО | W45 (2nd) | 01:13:24 | +00:24:23 |
| 28th | Nigel Quinton | HH | M60 (1st) | 01:14:16 | +00:25:15 |
| 29th | Malcolm Lyon | TVOC | M65 (9th) | 01:14:19 | +00:25:18 |
| 30th | Mike Christopher | WIM | M65 (10th) | 01:15:30 | +00:26:29 |
| 31st | Robyn Stanyon | SYO | W55 (2nd) | 01:16:19 | +00:27:18 |
| | | | | | |

November 13, 2022 RESULTS

Short Blue 5.7km 150m

| 3110 | it blue 5./kili 150 | | | | |
|-------|----------------------------------|-------|------------|----------|---------------------|
| Pos | Name | Club | Age Class | Time | Behind |
| 32nd | Charlie Turner | SLOW | M65 (11th) | 01:16:32 | +00:27:31 |
| 33rd | Robin Smith | SO | M70 (3rd) | 01:16:42 | +00:27:41 |
| 34th | Joe House | SO | M65 (12th) | 01:17:07 | +00:28:06 |
| 35th | Dorte Torpe Hansen | SLOW | W55 (3rd) | 01:17:08 | +00:28:07 |
| 36th | Madeleine Pitcher | DFOK | W16 (5th) | 01:17:35 | +00:28:34 |
| 37th= | David Dawson | DFOK | M60 (2nd) | 01:19:40 | +00:30:39 |
| 37th= | Ellie Mills-Hicks | GO | W18 (4th) | 01:19:40 | +00:30:39 |
| 39th | Katie Clarke | SN | W50 (3rd) | 01:19:56 | +00:30:55 |
| 40th | David Gruar | TVOC | M40 (1st) | 01:20:09 | +00:31:08 |
| 41st | Lisa James | SOC | W50 (4th) | 01:20:22 | +00:31:21 |
| 42nd | Rose Taylor | NGOC | W16 (6th) | 01:20:45 | +00:31:44 |
| 43rd | Mikhail Gryaznevich | TVOC | M65 (13th) | 01:21:22 | +00:32:21 |
| 44th | Jane Lambert | SO | W60 (2nd) | 01:23:52 | +00:34:51 |
| 45th | Digby Symons | | M50 (1st) | 01:24:40 | +00:35:39 |
| 46th | Eamon Staunton | WIM | M65 (14th) | 01:25:32 | +00:36:31 |
| 47th | Cecilia Hayward-Bhikha | SLOW | W16 (7th) | 01:25:38 | +00:36:37 |
| 48th= | Alistair Lovegrove | SN | M50 (2nd) | 01:26:15 | +00:37:14 |
| 48th= | Ruth Landrigan | вок | W40 (1st) | 01:26:15 | +00:37:14 |
| 50th | Rick Bayne | SAX | M50 (3rd) | 01:26:20 | +00:37:19 |
| 51st | David Tookey | НН | M65 (15th) | 01:26:34 | +00:37:33 |
| 52nd | Hanga Farago | HH | W16 (8th) | 01:26:36 | +00:37:35 |
| 53rd | Angela Darley | GO | W45 (3rd) | 01:27:10 | +00:38:09 |
| 54th | Annika Greenwood | SOC | W50 (5th) | 01:28:20 | +00:39:19 |
| 55th | Vesela Chokoeva | SLOW | W45 (4th) | 01:28:41 | +00:39:40 |
| 56th | Paul Langston | HH | M65 (16th) | 01:28:46 | +00:39:45 |
| 57th | Sarah Francis | SN | W50 (6th) | 01:29:20 | +00:40:19 |
| 58th | Alan Wallis | SN | M65 (17th) | 01:29:45 | +00:40:44 |
| 59th | Nicholas Betts | SAX | M55 (2nd) | 01:30:42 | +00:41:41 |
| 60th | Jeremy Wilde | GO | M65 (18th) | 01:31:38 | +00:42:37 |
| 61st | Bors Farago | НН | M14 (1st) | 01:32:12 | +00:43:11 |
| 62nd | Bernie Newitt | SOC | W55 (4th) | 01:32:25 | +00:43:24 |
| 63rd | Martin Cook | SMOC | M65 (19th) | 01:32:56 | +00:43:55 |
| 64th | Nikolay Kolev | SLOW | ` ' | 01:32:30 | +00:44:48 |
| 65th | David Lane | SN | M55 (3rd) | 01:33:49 | |
| 66th | | SAX | M70 (4th) | 01:35:31 | +00:45:36 +00:46:30 |
| | John van Rooyen Philip Craven | | M70 (5th) | 01:36:48 | |
| 67th | • | DFOK | M65 (20th) | | +00:47:47 |
| 68th | Chris Poole | TVOC | M60 (3rd) | 01:36:58 | +00:47:57 |
| 69th | Colin Hicks | SOC | M70 (6th) | 01:37:00 | +00:47:59 |
| 70th | Mike Garvin | SLOW | M50 (4th) | 01:37:24 | +00:48:23 |
| 71st | Naomi Drewitt | DFOK | W45 (5th) | 01:38:09 | +00:49:08 |
| 72nd | Tamsin Horsler | WIM | W55 (5th) | 01:39:13 | +00:50:12 |
| 73rd | Lisa Methven | BKO | W50 (7th) | 01:39:22 | +00:50:21 |
| 74th | John Harrison | BADO | M75 (1st) | 01:40:16 | +00:51:15 |
| 75th | Colin Jackson | HAVOC | M60 (4th) | 01:40:51 | +00:51:50 |
| 76th | Carolyn Dent | BOK | W60 (3rd) | 01:41:27 | +00:52:26 |
| 77th | Tina Stratford | WSX | W50 (8th) | 01:41:51 | +00:52:50 |
| 78th | Chris Barrington Brown | BAOC | M60 (5th) | 01:42:04 | +00:53:03 |
| 79th | Fiona Clough | BKO | W60 (4th) | 01:42:27 | +00:53:26 |
| 80th | Barbara Griessner | SLOW | W50 (9th) | 01:43:10 | +00:54:09 |
| 81st | Frederick Smith | GO | M60 (6th) | 01:43:18 | +00:54:17 |
| 82nd | Chris Shaw | HAVOC | M70 (7th) | 01:43:32 | +00:54:31 |
| 83rd | Mark Howell | SN | M55 (4th) | 01:44:01 | +00:55:00 |

November 13, 2022 RESULTS

Short Blue 5.7km 150m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-----------------------|------|------------|----------|-----------|
| 84th | Andrew L | SN | M21 (2nd) | 01:44:35 | +00:55:34 |
| 85th | David Hanstock | BOK | M65 (21st) | 01:46:19 | +00:57:18 |
| 86th | Emily Butter | SN | W18 (5th) | 01:47:21 | +00:58:20 |
| 87th | Boryana Peeva | SLOW | W50 (10th) | 01:50:09 | +01:01:08 |
| 88th | Malcolm Scott | SN | M65 (22nd) | 01:54:53 | +01:05:52 |
| 89th | Peter Williams | TVOC | M65 (23rd) | 01:55:20 | +01:06:19 |
| 90th | Charlie Beck | SN | M60 (7th) | 02:06:29 | +01:17:28 |
| 91st | Allan Darwell | BOK | M70 (8th) | 02:06:56 | +01:17:55 |
| 92nd | Jemima Hayward-Bhikha | SLOW | W21 (1st) | 02:09:06 | +01:20:05 |
| 93rd | Rebecca Medlock | WSX | W45 (6th) | 02:11:21 | +01:22:20 |
| 94th | Mel Golding | BKO | W50 (11th) | 02:42:52 | +01:53:51 |
| | Steph Moss | SLOW | W45 | m5-17 | |
| | Toni Whittle | ВКО | W50 | w5 | |
| | Charles Taylor-Keane | SMOC | M65 | m3-15 | |
| | Norman Wilson | SOC | M70 | m8-17 | |
| | Diana Worthington | SN | W40 | m6-17 | |

Green 4.7km 120m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|-------|------------|----------|-----------|
| 1st | Grace French | WIM | W16 (1st) | 00:46:18 | |
| 2nd | Anna Todd | SYO | W14 (1st) | 00:47:53 | +00:01:35 |
| 3rd | Woo Allen | BAOC | W55 (1st) | 00:51:33 | +00:05:15 |
| 4th | Kate Brett | BAOC | W55 (2nd) | 00:53:13 | +00:06:55 |
| 5th | Alison Simmons | BOK | W65 (1st) | 00:55:59 | +00:09:41 |
| 6th | Don McKerrow | SLOW | M70 (1st) | 00:56:05 | +00:09:47 |
| 7th | Charlotte Sykes | SYO | W16 (2nd) | 00:56:53 | +00:10:35 |
| 8th | Hebe Darwin | WAOC | W16 (3rd) | 00:58:17 | +00:11:59 |
| 9th | Ginny Hudson | NGOC | W60 (1st) | 00:59:21 | +00:13:03 |
| 10th | Mick Smith | HH | M70 (2nd) | 00:59:58 | +00:13:40 |
| 11th | Martin Ricketts | TVOC | M70 (3rd) | 01:00:24 | +00:14:06 |
| 12th | Kieran Devine | BAOC | M70 (4th) | 01:00:48 | +00:14:30 |
| 13th | Lucy Paton | SN | W60 (2nd) | 01:01:04 | +00:14:46 |
| 14th | David Harrison | SN | M55 (1st) | 01:02:57 | +00:16:39 |
| 15th | Julie Cleary | LOK | W55 (3rd) | 01:03:24 | +00:17:06 |
| 16th | Steven Horsler | WIM | M55 (2nd) | 01:03:36 | +00:17:18 |
| 17th | Helen Errington | HH | W60 (3rd) | 01:04:59 | +00:18:41 |
| 18th | Martin Lock | GO | M70 (5th) | 01:05:02 | +00:18:44 |
| 19th | Serena Ludford | BADO | W55 (4th) | 01:06:10 | +00:19:52 |
| 20th | Andrew Cummings | HH | M70 (6th) | 01:06:27 | +00:20:09 |
| 21st | Philip Beale | DEVON | M70 (7th) | 01:06:45 | +00:20:27 |
| 22nd | Jim Prowting | TVOC | M75 (1st) | 01:07:18 | +00:21:00 |
| 23rd | Kirsty Staunton | WIM | W65 (2nd) | 01:07:34 | +00:21:16 |
| 24th | Charlotte Slade | SN | W14 (2nd) | 01:07:37 | +00:21:19 |
| 25th | Mike Turner | SO | M70 (8th) | 01:08:57 | +00:22:39 |
| 26th | Sue Hands | WIM | W70 (1st) | 01:08:59 | +00:22:41 |
| 27th | Mark Thompson | TVOC | M65 (1st) | 01:09:35 | +00:23:17 |
| 28th | Alison Smith | TVOC | W55 (5th) | 01:10:01 | +00:23:43 |
| 29th | Mike Bolton | MV | M70 (9th) | 01:10:08 | +00:23:50 |
| 30th | Hedley Calderbank | HH | M70 (10th) | 01:10:58 | +00:24:40 |
| 31st | Tom Edelsten | GO | M75 (2nd) | 01:11:05 | +00:24:47 |
| 32nd | Aya Luu | GO | W45 (1st) | 01:11:59 | +00:25:41 |
| | | | | | |

SPORTident Event Timing Solutions www.sportident.co.uk Licensed to: Southern Navigators

November 13, 2022 RESULTS

Green 4.7km 120m

| Gree | 311 4.7KIII 12UIII | | | | |
|-------|------------------------------|-------|-------------------------|----------|-----------|
| Pos | Name | Club | Age Class | Time | Behind |
| 33rd | Rebecca Ewing | WIM | W35 (1st) | 01:12:34 | +00:26:16 |
| 34th | Keiko Conway | GO | W60 (4th) | 01:13:31 | +00:27:13 |
| 35th | Kate Turner | SO | W45 (2nd) | 01:14:09 | +00:27:51 |
| 36th | Sarah Brown | SLOW | W70 (2nd) | 01:14:28 | +00:28:10 |
| 37th | Sarah Mansel | SUFFO | W55 (6th) | 01:14:48 | +00:28:30 |
| 38th | Rebecca Lovegrove | SN | W16 (4th) | 01:15:51 | +00:29:33 |
| 39th | Elisabeth Dickson | BAOC | W60 (5th) | 01:16:33 | +00:30:15 |
| 40th | Phil Stradling | ВКО | M60 (1st) | 01:16:44 | +00:30:26 |
| 41st | Anthony Walker | TVOC | M55 (3rd) | 01:16:58 | +00:30:40 |
| 42nd | David Kingdon | SAX | M70 (11th) | 01:17:53 | +00:31:35 |
| 43rd | Sophie Blundell | SOC | W21 (1st) | 01:17:59 | +00:31:41 |
| 44th | Philip Gristwood | MV | M70 (12th) | 01:18:53 | +00:32:35 |
| 45th | Roy Heselden | BADO | M75 (3rd) | 01:19:15 | +00:32:57 |
| 46th | Debra Robinson | SN | W55 (7th) | 01:19:18 | +00:33:00 |
| 47th | Debbie Charlton | SMOC | W60 (6th) | 01:19:35 | +00:33:17 |
| 48th | Sue Hartley | WAOC | W65 (3rd) | 01:21:02 | +00:34:44 |
| 49th | Julie Astin | WSX | W65 (4th) | 01:21:07 | +00:34:49 |
| 50th | Karen Jones | SLOW | W60 (7th) | 01:21:41 | +00:35:23 |
| 51st | Susan Crickmore | SO | W60 (8th) | 01:22:09 | +00:35:51 |
| 52nd | Kim Liggett | NGOC | W60 (9th) | 01:22:54 | +00:36:36 |
| 53rd | Geoff Goodwin | DFOK | M70 (13th) | 01:23:09 | +00:36:51 |
| 54th | Bob Beresford | TVOC | M70 (13th) | 01:23:19 | +00:37:01 |
| 55th | Jenny Bray | SN | W65 (5th) | 01:23:35 | +00:37:17 |
| 56th | Garry Parmenter | HAVOC | M75 (4th) | 01:24:11 | +00:37:17 |
| 57th | Helen Nisbet | SMOC | W60 (10th) | 01:24:14 | +00:37:56 |
| 58th | | BOK | , , | 01:24:14 | +00:37:30 |
| 59th | Duncan Perry Alison Saunders | HH | M50 (1st) | 01:25:15 | +00:38:57 |
| 60th | Helen Sharp | TVOC | W60 (11th) | 01:25:27 | +00:39:09 |
| 61st | John Turner | TVOC | W55 (8th) M70 (15th) | 01:25:46 | +00:39:28 |
| | | | , , | | |
| 62nd | Jillian Devine | SOC | W55 (9th) | 01:28:39 | +00:42:21 |
| 63rd | Emese Svab | HH | W45 (3rd) | 01:28:58 | +00:42:40 |
| 64th | David Battison | SARUM | M75 (5th) | 01:29:02 | +00:42:44 |
| 65th= | Rachel Robertson | SOC | W55 (10th=) | 01:29:23 | +00:43:05 |
| 65th= | Julie Lobley | DFOK | W55 (10th=) | 01:29:23 | +00:43:05 |
| 67th | Helen Ashenden | | W55 (12th) | 01:29:36 | +00:43:18 |
| 68th | Milly Askham | SMOC | W18 (1st) | 01:30:00 | +00:43:42 |
| 69th | Colin Drury | SYO | M75 (6th) | 01:31:20 | +00:45:02 |
| 70th | Jon Wheatcroft | TVOC | M70 (16th) | 01:31:46 | +00:45:28 |
| 71st | Mike Elliot | MV | M70 (17th) | 01:32:00 | +00:45:42 |
| 72nd | Leianne Upton | MV | W60 (12th) | 01:32:26 | +00:46:08 |
| 73rd | Catherine Galvin | LOK | W60 (13th) | 01:33:44 | +00:47:26 |
| 74th | Philip Cooper | WIM | M75 (7th) | 01:35:05 | +00:48:47 |
| 75th | Beryl Pring | SAX | W75 (1st) | 01:35:24 | +00:49:06 |
| 76th | Eleanor Prescott | BKO | W16 (5th) | 01:35:41 | +00:49:23 |
| 77th | Penny Marsh | SO | W55 (13th) | 01:35:48 | +00:49:30 |
| 78th | Peter Riches | TVOC | M70 (18th) | 01:36:53 | +00:50:35 |
| 79th= | Jennifer Gebka | HAVOC | W55 (14th) | 01:37:11 | +00:50:53 |
| 79th= | Eliza Hermann | HH | W60 (14th) | 01:37:11 | +00:50:53 |
| 81st | Sarah Blundell | DFOK | W60 (15th) | 01:37:21 | +00:51:03 |
| 82nd | Judith Taylor | NGOC | W55 (15th) | 01:37:39 | +00:51:21 |
| 83rd | Keith Parkes | DFOK | M75 (8th) | 01:38:36 | +00:52:18 |
| 84th | Peter Smith | SN | M60 (2nd) | 01:39:21 | +00:53:03 |
| | | | | | |

November 13, 2022 RESULTS

Green 4.7km 120m

| Pos | Name | Club | Age Class | Time | Behind |
|-------|----------------------|-------|------------|----------|-----------|
| 85th | Ted McDonald | BOK | M75 (9th) | 01:40:19 | +00:54:01 |
| 86th | Christopher Mcdonald | MV | M80 (1st) | 01:40:32 | +00:54:14 |
| 87th | Rebecca Mayes | CLOK | W14 (3rd) | 01:41:55 | +00:55:37 |
| 88th | Israel Hurtado Cola | SLOW | M40 (1st) | 01:42:48 | +00:56:30 |
| 89th | Liz Lockton | WSX | W60 (16th) | 01:44:28 | +00:58:10 |
| 90th | Lesley King | GO | W55 (16th) | 01:45:59 | +00:59:41 |
| 91st | Harry Goldingay | HH | M70 (19th) | 01:49:39 | +01:03:21 |
| 92nd | Jennifer Sibley | MV | W21 (2nd) | 01:51:09 | +01:04:51 |
| 93rd | Nigel Saker | SLOW | M70 (20th) | 01:51:15 | +01:04:57 |
| 94th | Nicky Masson | MV | W55 (17th) | 01:51:57 | +01:05:39 |
| 95th | Helen Wheelwright | SOC | W60 (17th) | 01:52:26 | +01:06:08 |
| 96th | Gail Parker | SLOW | W60 (18th) | 01:52:44 | +01:06:26 |
| 97th | Sally Place | GO | W60 (19th) | 01:58:30 | +01:12:12 |
| 98th | Ruth Rhodes | SO | W80 (1st) | 02:00:11 | +01:13:53 |
| 99th | Stephen Goodrum | SN | M55 (4th) | 02:01:25 | +01:15:07 |
| 100th | Barbara Beckett | HAVOC | W65 (6th) | 02:01:56 | +01:15:38 |
| 101st | Beatrix Li | HH | W35 (2nd) | 02:09:54 | +01:23:36 |
| | Liz Cross | TVOC | W50 | m1-15 | |
| | Clare Skidmore | TVOC | W35 | m4-10 | |
| | Karen Mills-Hicks | GO | W45 | w1 m3-1 | |
| | Roger Maher | SO | M80 | m5-6 | |

Short Green 3.9km 90m

| 1st Janet Rosen HH W65 (1st) 00:49:24 2nd Linda Pakuls WIM W65 (2nd) 00:55:53 +00:06:29 3rd Christopher Branford WIM M75 (1st) 00:58:38 +00:09:14 4th John Tzanetis SN M55 (1st) 00:59:45 +00:10:21 5th Jon Darley GO M55 (2nd) 01:02:09 +00:12:45 6th Sarah Darley SN W18 (1st) 01:02:46 +00:13:22 7th Ian Smith WAOC M65 (1st) 01:04:16 +00:13:22 7th Ian Smith WAOC M65 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 1 | Pos | Name | Club | Age Class | Time | Behind |
|---|------|----------------------|------|-----------|----------|-----------|
| 3rd Christopher Branford WIM M75 (1st) 00:58:38 +00:09:14 4th John Tzanetis SN M55 (1st) 00:59:45 +00:10:21 5th Jon Darley GO M55 (2nd) 01:02:09 +00:12:45 6th Sarah Darley SN W18 (1st) 01:02:46 +00:13:22 7th Ian Smith WAOC M65 (1st) 01:04:16 +00:14:52 8th Neil Gostick HH M60 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 | 1st | Janet Rosen | HH | W65 (1st) | 00:49:24 | |
| 4th John Tzanetis SN M55 (1st) 00:59:45 +00:10:21 5th Jon Darley GO M55 (2nd) 01:02:09 +00:12:45 6th Sarah Darley SN W18 (1st) 01:02:46 +00:13:22 7th Ian Smith WAOC M65 (1st) 01:04:16 +00:14:52 8th Neil Gostick HH M60 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:0 | 2nd | Linda Pakuls | WIM | W65 (2nd) | 00:55:53 | +00:06:29 |
| 5th Jon Darley GO M55 (2nd) 01:02:09 +00:12:45 6th Sarah Darley SN W18 (1st) 01:02:46 +00:13:22 7th Ian Smith WAOC M65 (1st) 01:04:16 +00:14:52 8th Neil Gostick HH M60 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:2 | 3rd | Christopher Branford | WIM | M75 (1st) | 00:58:38 | +00:09:14 |
| 6th Sarah Darley SN W18 (1st) 01:02:46 +00:13:22 7th Ian Smith WAOC M65 (1st) 01:04:16 +00:14:52 8th Neil Gostick HH M60 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:23:35 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 < | 4th | John Tzanetis | SN | M55 (1st) | 00:59:45 | +00:10:21 |
| 7th Ian Smith WAOC M65 (1st) 01:04:16 +00:14:52 8th Neil Gostick HH M60 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 | 5th | Jon Darley | GO | M55 (2nd) | 01:02:09 | +00:12:45 |
| 8th Neil Gostick HH M60 (1st) 01:06:07 +00:16:43 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 | 6th | Sarah Darley | SN | W18 (1st) | 01:02:46 | +00:13:22 |
| 9th Di Turner SO W70 (1st) 01:06:15 +00:16:51 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:24:06 16th Teresa Turner SLOW W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:18 | 7th | Ian Smith | WAOC | M65 (1st) | 01:04:16 | +00:14:52 |
| 10th Barbara Lugton GO W65 (3rd) 01:10:33 +00:21:09 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:24:45 <td>8th</td> <td>Neil Gostick</td> <td>HH</td> <td>M60 (1st)</td> <td>01:06:07</td> <td>+00:16:43</td> | 8th | Neil Gostick | HH | M60 (1st) | 01:06:07 | +00:16:43 |
| 11th Richard Steptoe TVOC M75 (2nd) 01:11:25 +00:22:01 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:34 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (9th) 01:26:23 </td <td>9th</td> <td>Di Turner</td> <td>SO</td> <td>W70 (1st)</td> <td>01:06:15</td> <td>+00:16:51</td> | 9th | Di Turner | SO | W70 (1st) | 01:06:15 | +00:16:51 |
| 12th Hilary Pickering WIM W65 (4th) 01:12:59 +00:23:35 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:34 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (8th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 | 10th | Barbara Lugton | GO | W65 (3rd) | 01:10:33 | +00:21:09 |
| 13th Fiona Hanstock BOK W65 (5th) 01:13:30 +00:24:06 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 | 11th | Richard Steptoe | TVOC | M75 (2nd) | 01:11:25 | +00:22:01 |
| 14th Denise Harper BKO W70 (2nd) 01:15:27 +00:26:03 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 | 12th | Hilary Pickering | WIM | W65 (4th) | 01:12:59 | +00:23:35 |
| 15th Christine King BOK W70 (3rd) 01:16:09 +00:26:45 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 | 13th | Fiona Hanstock | BOK | W65 (5th) | 01:13:30 | +00:24:06 |
| 16th Teresa Turner SLOW W70 (4th) 01:16:34 +00:27:10 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 14th | Denise Harper | BKO | W70 (2nd) | 01:15:27 | +00:26:03 |
| 17th George Engelhardt MV M70 (1st) 01:16:50 +00:27:26 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 15th | Christine King | BOK | W70 (3rd) | 01:16:09 | +00:26:45 |
| 18th Jane Breed HH W70 (5th) 01:21:57 +00:32:33 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 16th | Teresa Turner | SLOW | W70 (4th) | 01:16:34 | +00:27:10 |
| 19th Tony Ludford BADO M75 (3rd) 01:22:10 +00:32:46 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 17th | George Engelhardt | MV | M70 (1st) | 01:16:50 | +00:27:26 |
| 20th Noreen Ives WAOC W65 (6th) 01:22:18 +00:32:54 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 18th | Jane Breed | HH | W70 (5th) | 01:21:57 | +00:32:33 |
| 21st Jasmine Bennett SO W65 (7th) 01:23:39 +00:34:15 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 19th | Tony Ludford | BADO | M75 (3rd) | 01:22:10 | +00:32:46 |
| 22nd Michele Funnell SO W65 (8th) 01:24:45 +00:35:21 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 20th | Noreen Ives | WAOC | W65 (6th) | 01:22:18 | +00:32:54 |
| 23rd Liz Stradling BKO W65 (9th) 01:26:23 +00:36:59 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 21st | Jasmine Bennett | SO | W65 (7th) | 01:23:39 | +00:34:15 |
| 24th Kirsty Adams BKO W45 (1st) 01:26:44 +00:37:20 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 22nd | Michele Funnell | SO | W65 (8th) | 01:24:45 | +00:35:21 |
| 25th Dawn Clifford MV W50 (1st) 01:27:46 +00:38:22 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 23rd | Liz Stradling | BKO | W65 (9th) | 01:26:23 | +00:36:59 |
| 26th John Collyer SOS M75 (4th) 01:28:18 +00:38:54 | 24th | Kirsty Adams | BKO | W45 (1st) | 01:26:44 | +00:37:20 |
| , | 25th | Dawn Clifford | MV | W50 (1st) | 01:27:46 | +00:38:22 |
| 27th Sally Thomas BOK W75 (1st) 01:30:39 +00:41:15 | 26th | John Collyer | SOS | M75 (4th) | 01:28:18 | +00:38:54 |
| , | 27th | Sally Thomas | BOK | W75 (1st) | 01:30:39 | +00:41:15 |

November 13, 2022 RESULTS

Short Green 3.9km 90m

| Pos | Name | Club | Age Class | Time | Behind |
|------|----------------------|------|------------|----------|-----------|
| 28th | Jeremy Oldershaw | SAX | M80 (1st) | 01:32:24 | +00:43:00 |
| 29th | Tim Pribul | CHIG | M70 (2nd) | 01:34:24 | +00:45:00 |
| 30th | Pattie Beresford | TVOC | W70 (6th) | 01:38:48 | +00:49:24 |
| 31st | Howard Thomas | BOK | M75 (5th) | 01:48:38 | +00:59:14 |
| 32nd | Kate Williams | TVOC | W70 (7th) | 01:48:49 | +00:59:25 |
| 33rd | John Harris | WAOC | M75 (6th) | 01:52:39 | +01:03:15 |
| 34th | Jean Fitzgerald | SAX | W65 (10th) | 01:56:07 | +01:06:43 |
| 35th | Roger Pring | SAX | M75 (7th) | 01:58:36 | +01:09:12 |
| 36th | Caroline Christopher | WIM | W70 (8th) | 02:03:14 | +01:13:50 |
| 37th | Kathryn Turner | TVOC | W65 (11th) | 02:11:31 | +01:22:07 |
| 38th | Jim Munday | BKO | M75 (8th) | 02:14:19 | +01:24:55 |
| 39th | Marion Shipman | LOK | W60 (1st) | 02:36:55 | +01:47:31 |
| | Catherine Springett | BKO | W65 | m3-14 | |
| | Michael Le Marie | SN | M70 | m4-14 | |
| | David Chappell | HH | M75 | m6-10 | |
| | Geoff Wright | GO | M75 | m3 | |
| | Andy Macgregor | BAOC | M80 | m9 | |
| | Julia Loring | SOC | W60 | m11 | |
| | Ann Harris | SMOC | W65 | m9-14 | |
| | Roger Pring | SAX | M75 | m14 | |
| | Jeffrey Baker | LOG | M70 | rtd | |
| | Christine Artus | BKO | W65 | rtd | |

Very Short Green 3.4km 65m

| Pos | Name | Club | Age Class | Time | Behind |
|------|------------------|-------|-----------|----------|-----------|
| 1st | Christopher Moon | BOK | M70 (1st) | 01:21:09 | |
| 2nd | Margaret Brown | SN | W60 (1st) | 01:27:18 | +00:06:09 |
| 3rd | Clare Fletcher | BOK | W80 (1st) | 01:28:57 | +00:07:48 |
| 4th | Andrew Trimble | BOF | M65 (1st) | 01:30:28 | +00:09:19 |
| 5th | Peter Hambleton | SARUM | M75 (1st) | 01:31:06 | +00:09:57 |
| 6th | Joan Hambleton | SARUM | W80 (2nd) | 01:34:21 | +00:13:12 |
| 7th | Jacky Pett | SOC | W70 (1st) | 01:36:17 | +00:15:08 |
| 8th | Sally Pribul | CHIG | W65 (1st) | 01:51:00 | +00:29:51 |
| 9th | Ken Williams | BAOC | M85 (1st) | 01:54:33 | +00:33:24 |
| 10th | Amanda Bailey | SN | W55 (1st) | 02:15:54 | +00:54:45 |
| 11th | Susan Rae | SMOC | W70 (2nd) | 02:28:21 | +01:07:12 |
| | Frank Edge | SN | M65 | m15 | |
| | David Gook | BADO | M21 | m11-15 | |
| | John Thompson | TVOC | M85 | w9 | |
| | John Farren | TVOC | M85 | m13 | |
| | | | | | |

Light Green 3.6km 80m

| Pos | Name | Club | Age Class | Time | Behind |
|-----|-----------------------|------|-----------|----------|-----------|
| 1st | Marcus Perry | BOK | M14 (1st) | 00:37:09 | |
| 2nd | Charlotte Chapman | SYO | W14 (1st) | 00:40:38 | +00:03:29 |
| 3rd | Monty Bratcher-Howard | WIM | M14 (2nd) | 00:42:00 | +00:04:51 |
| 4th | Duncan Currie | SOC | M14 (3rd) | 00:42:35 | +00:05:26 |
| 5th | Ben Chapman | SO | M14 (4th) | 00:47:54 | +00:10:45 |
| 6th | Will Preston | SYO | M14 (5th) | 00:50:31 | +00:13:22 |
| 7th | Max Straube-Roth | OD | M14 (6th) | 00:51:12 | +00:14:03 |

November 13, 2022 RESULTS

Light Green 3.6km 80m

| _ | | | | | |
|------|---------------------|------|-----------|----------|-----------|
| Pos | Name | Club | Age Class | Time | Behind |
| 8th | Eskarina Medlock | WSX | W14 (2nd) | 00:51:14 | +00:14:05 |
| 9th | Alice Pieters | SYO | W14 (3rd) | 00:55:22 | +00:18:13 |
| 10th | Beth Sykes | SYO | W14 (4th) | 01:00:41 | +00:23:32 |
| 11th | Jake Hilton | SN | M12 (1st) | 01:02:52 | +00:25:43 |
| 12th | Lee Ludlow | SN | M35 (1st) | 01:06:24 | +00:29:15 |
| 13th | Abigail Prince | SOS | W14 (5th) | 01:10:41 | +00:33:32 |
| 14th | Kate Jarrett | WAOC | W14 (6th) | 01:11:19 | +00:34:10 |
| 15th | Charlotte Lovegrove | SN | W14 (7th) | 01:11:52 | +00:34:43 |
| 16th | Alice Soulsby | HH | W14 (8th) | 01:15:59 | +00:38:50 |
| 17th | Vadim Pesenti | DFOK | M14 (7th) | 01:18:23 | +00:41:14 |
| 18th | Nicola Kingsley | LOK | W55 (1st) | 01:18:59 | +00:41:50 |
| 19th | Elodie Claus | MV | W18 (1st) | 01:26:38 | +00:49:29 |
| 20th | Jen Daplyn | SN | W40 (1st) | 01:33:14 | +00:56:05 |
| 21st | Finn Le Page | SN | M16 (1st) | 01:34:16 | +00:57:07 |
| | Isabel Hawks | HH | W14 | m10-14 | |
| | Owen Le Page | SN | M14 | m7-14 | |
| | Chun Ho Andre Fu | WAOC | M12 | w9 | |
| | Louisiane Roux | SLOW | W14 | m6 m8-1 | |
| | Davis MH Tam | HH | M14 | m10-14 | |
| | | | | | |

Orange 3.3km 70m

| Pos | Name | Club | Age Class | Time | Behind |
|------|---------------------|------|-----------|----------|-----------|
| 1st | Alice French | WIM | W12 (1st) | 00:40:16 | |
| 2nd | Hector Symons | | M12 (1st) | 00:51:02 | +00:10:46 |
| 3rd | Alex Clements | IND | M12 (2nd) | 00:58:57 | +00:18:41 |
| 4th | Elliot Vaughan | BKO | M12 (3rd) | 00:59:04 | +00:18:48 |
| 5th | Scott Clements | IND | M55 (1st) | 00:59:10 | +00:18:54 |
| 6th | Livia Daplyn | SN | W14 (1st) | 01:05:20 | +00:25:04 |
| 7th | Ralph Scarbrough | MV | M12 (4th) | 01:05:56 | +00:25:40 |
| 8th | Darrio MY Tam | HH | M10 (1st) | 01:06:39 | +00:26:23 |
| 9th | Philip Chatterley | IND | M65 (1st) | 01:06:52 | +00:26:36 |
| 10th | Matvei Dnestrovskii | TVOC | M12 (5th) | 01:09:17 | +00:29:01 |
| 11th | Philip Saddleton | IND | M60 (1st) | 01:15:52 | +00:35:36 |
| 12th | Debbie Ewing | WIM | W40 (1st) | 01:18:40 | +00:38:24 |
| 13th | Heidi Saddleton | IND | W12 (2nd) | 01:21:05 | +00:40:49 |
| 14th | Zac Vaughan | BKO | M14 (1st) | 01:25:07 | +00:44:51 |
| 15th | James Prescott | вко | M12 (6th) | 01:34:29 | +00:54:13 |
| 16th | Diane Hayward | SLOW | W50 (1st) | 01:39:19 | +00:59:03 |
| 17th | Trish Wallis | SN | W70 (1st) | 02:10:24 | +01:30:08 |
| | Maxine Dunn | SN | W60 | m13 | |
| | Eric Smith | TVOC | M85 | m12 | |
| | Csongor Farago | HH | M12 | m4 | |
| | Eve Birch | SN | W12 | rtd | |

Yellow 2.8km 40m

| Pos | Name | Club | Age Class | Time | Behind |
|-----|------------------|------|-----------|----------|-----------|
| 1st | Christina Symons | | W10 (1st) | 00:28:23 | |
| 2nd | Hugh Scarbrough | MV | M10 (1st) | 00:30:37 | +00:02:14 |
| 3rd | Ben Seaston | MV | M10 (2nd) | 00:30:47 | +00:02:24 |
| 4th | Arran Hardwick | IND | M12 (1st) | 00:33:28 | +00:05:05 |

November 13, 2022 RESULTS

Yellow 2.8km 40m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-----------------------|------|-----------|----------|-----------|
| 5th | Tunde Farago | HH | W10 (2nd) | 00:35:33 | +00:07:10 |
| 6th | Daniel MT Tam | HH | M10 (3rd) | 00:35:53 | +00:07:30 |
| 7th | Rocco Jefferies | IND | M12 (2nd) | 00:36:07 | +00:07:44 |
| 8th | Eliza Hardwick | IND | W10 (3rd) | 00:41:09 | +00:12:46 |
| 9th | Theodore Marsden | HH | M10 (4th) | 00:43:07 | +00:14:44 |
| 10th | Nathaniel Birch | SN | M10 (5th) | 00:46:17 | +00:17:54 |
| 11th | Walter Symons | | M10 (6th) | 00:52:18 | +00:23:55 |
| 12th | Edward Harvey | WIM | M10 (7th) | 00:54:12 | +00:25:49 |
| 13th | Isabelle Raftery | HH | W10 (4th) | 01:01:16 | +00:32:53 |
| 14th | Alice Raftery | HH | W10 (5th) | 01:02:58 | +00:34:35 |
| 15th | Timothy Green | TVOC | M10 (8th) | 01:04:08 | +00:35:45 |
| 16th | Ekaterina Laenko | | W50 (1st) | 01:05:42 | +00:37:19 |
| 17th | Felicity Gook | BADO | W10 (6th) | 01:07:14 | +00:38:51 |
| 18th | Robert & Euan Kitchen | TVOC | M35 (1st) | 01:13:14 | +00:44:51 |
| 19th | Emilia Skidmore | TVOC | W10 (7th) | 01:19:06 | +00:50:43 |
| 20th | Robin Green | TVOC | M10 (9th) | 01:37:47 | +01:09:24 |